ᐊᑯᓯᐃᐧᐸᒥᐦᐃᑯᐃᐧᑦ ᐅᑦᑌᕝᐃᔪ: ᑫᐃᓱᒥᑲᒪᑦ ᑲᐯᓱᐃᐧᓂᐠ ᐸᒥᐦᐃᐁᐧᐃᓇᑦ

ᒥᓱᑦ ᐊᐃᐧᔭᐠ ᐊᓂᓯᓴᐊᐧᐠ, ᐁᔭᓂ ᓇᑕᐁᐧᑕᒧᐊᐧᐨ ᒋᐸᒥᐦᐃᑕᐧ ᑲᐃᓱᑲᐯᓱᐊᐧᐨ ᐁᑲ ᑲᑕᐨ ᐸᑲᑦ ᒋᐃᓱᑯᓯᐦᐃᑕᐧ. ᐊᓂᑦ ᑕᐡ ᑫᑐᑕᒪᑦ ᑭᐡᐱᑦ ᑭᑦ ᓇᑦᑕ ᑲᓴᑭᐦᐊᐨ ᓇᑕᐁᐧᑕᒣᐠ ᐸᒥᐦᐃᑯᐃᐧᑦ ᑲᐃᓱᑲᐯᓱᓴᐠ. ᐅᒪ ᒪᓯᓇᐦᐃᑲᓂᐠ ᑲᐃᐧᑦᒋᑲᑌᑭᑦ ᒥᐦᐅᒪ ᑫᐅᒋ ᒪᒋᑕᔭᑦ. ᑲᐅᒋᑭᑫᑦᑕᑦ ᐅᒪ ᐊᓂᑦ ᑕᓯᑦ ᑐᑲᑦ ᑲᐯᓱᐃᐧ ᐸᒥᐦᐃᐁᐧᐃᐧᓇᑦ ᐁᐸᑭᑎᓂᑲᑌᑭᑦ ᐅᒪ ᐅᑦᑌᕝᐃᔪ. ᑦᑭᒪᐊᐧᑐᓇᒥᑦ ᑲᐃᓱᐃᐧᑦᒋᑲᑌᑭᑦ ᐅᒪ ᐸᑭᑭᓂᑲᓂᐠ ᓂᓱᑦ ᐸᑫᐱᐦᐃᑲᓂᐠ:

- ᐊᓂᑦ ᐁᓱᔭᓄᑭᒪᑲᐠ ᑲᐯᓱᐃᐧᓂᐠ ᐸᒥᐦᐃᐁᐧᐃᓇᑦ
- ᐊᓂᑦ ᑫᑐᑕᒪᑦ ᒋᑌᐱᓇᒪᑦ ᑲᐯᓱᐃᐧᓂᐠ ᐸᒥᐦᐃᐁᐧᐃᐧᓇᑦ

ᑲᒥᑲᑦ ᑲᐃᓱᐃᐧᑦᒋᑲᑌᑭᑦ ᐱᐊᐧᐱᑯᐠ ᑯᑕᑭᔭᑦ ᐸᑲᑦ ᐃᓱᑭᒐᐧᐃᐧᓂᐠ ᐅᒪ *ontario.ca/healthcarebasics*. ᒪᑯᓇᑦ "Information in Other Languages" ᒪᑯᓂᑲᓂᐠ. ᐃᒪ ᐱᐊᐧᐱᑯᐠ ᑲᐊᐧᐸᑕᐦᐃᑯᑦ ᑯᑕᑭᔭᑦ ᒪᐡᑭᑭᐃᐧ ᐃᐧᒋᐦᐃᑯᐃᐧᓇᑦ ᑲᐊᔭᒪᑲᑭᑦ ᐅᒪ ᐅᑦᑌᕝᐃᔪ.

ᐊᓂᑦ ᐁᓱᔭᓄᑭᒪᑲᐠ ᑲᐯᓱᐃᐧᓂᐠ ᐸᒥᐦᐃᐁᐧᐃᓇᑦ

1. ᑫᑯᓐᑦ ᑲᐯᓱᐃᐧᓂᐠ ᐸᒥᐦᐃᐁᐧᐃᓇᑦ ᑲᐃᒋᑲᑌᐠ.

ᑲᐯᓱᐃᐧᓂᐠ ᐸᒥᐦᐃᐁᐧᐃᓇᑦ ᐅᑐᒋᐃᐧᒋᐦᐃᑯᓇᐊᐧ ᐊᐃᐧᔭᐠ ᒋᐅᒋ ᒥᓄᔭᐊᐧᐨ ᒥᓇ ᑭᔭᐱᐨ ᒋᑲᐡᑭᑐᐊᐧᐨ ᒋᐸᒥᐦᐃᑎᓱᐊᐧᐨ ᑲᐃᓱᑲᐯᓱᐊᐧᐨ. ᒥᓱᑦ ᐅᓄᐁᐧᓂᐊᐧᑦ ᐸᒥᐦᐃᐁᐧᐃᐧᓇᑦ ᐅᒋᑎᐸᐦᐃᑲᑌᐊᐧᑦ ᐅᑦᑌᕝᐃᔪ ᐅᑭᒪᐅᓂᐠ.

2. ᑫᑯᓐᑦ ᑐᑲᑦ ᐸᒥᐦᐃᐁᐧᐃᐧᓇᑦ ᑫᑭᒥᓂᑯᔭᐸᑦ ᐅᒪ ᑲᐯᓱᐃᐧᓂᐠ ᐸᒥᐦᐃᐁᐧᐃᐧᓇᑦ ᑲᐅᒋᔭᓄᑲᑌᐠ.

ᓂᐱᑌᐱᐦᐃᑲᑌᐊᐧᑦ ᒪᔭᑦ ᓂᐃᐧᑦ ᑫᑯᓇᑦ ᑲᐯᓱᐃᐧᓂᐠ ᐸᒥᐦᐃᐁᐧᐃᐧᓇᑦ ᑲᐸᑭᑎᓂᑲᑌᑭᑦ:

ᑫᐃᓴᔭᑦ ᑲᐃᓱᑕᑲᑭᐧᑦ ᒪᐡᑭᑭᐃᐧ ᐸᒥᐦᐃᐁᐧᐃᐧᓇᑦ

ᐅᒪ ᑲᐅᒋᐃᐧᒋᐦᐃᑯ ᐃᐡᑲᐧᓴᑲᐊᒪᑦ ᐊᑯᓯᐃᐧᑲᒥᑯᐠ, ᓇᑦᑕ ᒥᓇ ᑭᐡᐱᑦ ᓇᑕᐁᐧᑦᑕᒪᑦ ᒋᐃᐧᒋᐦᐃᑯᔭᑦ ᑲᐊᑯᓯᔭᑦ ᓇᑦᑕ ᑲᑭᐃᐧᓴᑭᓱᓇᑦ.

ᐊᐁᐧᓐᑦ ᑫᑭᐃᐧᒋᐦᐃᐁᐧᐨ: ᑭᐡᐱᑦ ᐃᓯᓴᐠ ᒋᐃᐧᒋᐦᐃᑯᔭᑦ, ᑭᑕᓱᑫᐃᐧᓂᐠ Community Care Access Care (CCAC) ᐅᑲᐅᒋ ᐅᓇᑐᓇᐊᐧ ᒋᐃᐧᒋᐦᐃᑲᐧ ᒪᐡᑭᑭᐃᐧᑫᐧᐠ, ᑲᒐᓴᐃᐧᐱᒋᑫᐊᐧᐨ, ᐊᐸᒋᒋᑲᓇᑦ ᑲᐅᑦᑎᓇᒪᑫᐊᐧᐨ, ᑲᐱᒥᑲᓄᒋᑫᑕᒪᑫᐊᐧᐨ, ᑲᐃᐧᒋᐦᐃᐁᐧᐨ ᐊᔭᒥᐃᐧᓂᐠ ᒥᓇ ᐃᓇᑦᒋᑫᐃᐧᓂᐠ ᑲᑭᑭᓄᐦᐊᒪᑫᐨ.

ᐊᓂᑦ ᑫᑭᐃᓱᐃᐧᒋᐦᐃᑲᐧ:

- ᐅᑲᓇᓇᑕᐃᐧᑭᑫᑕᓇᐊᐧ ᐊᓂᑦ ᐁᑲ ᑲᑭᐃᓱᑲᐡᑭᑕᒪᓱᔭᑦ
- ᐅᑲᐅᓇᑐᓇᐊᐧ ᒥᓇ ᐅᑲᐸᑭᑎᓇᓇᐊᐧ ᑫᐃᓱᐸᒥᐦᐃᑯᔭᑦ, ᓇᑦᑕ
- ᑲᐊᐧᐸᑦᑕᐦᐃᑯᐠ ᐊᓂᑦ ᑫᑐᑕᒪᑦ ᑫᐃᓱᐸᒥᐦᐃᑎᓱᔭᑦ

ᒪᐡᑯᐨ ᑲᓴ ᑲᒥᓂᑯ ᐊᐸᒋᒋᑲᓇᑦ ᒥᓇ ᑯᑕᑭᔭᑦ ᑫᑯᓇᑦ ᑫᓇᑕᐁᐧᑕᒪᑦ ᑫᐱᒥᔭᐸᒋᑐᔭᑦ.

ᑎᐱᓇᐁᐧ ᐸᒥᐦᐃᑎᓱᐃᐧᑦ ᒥᓇ ᐊᓱᐡᑲᒪᑫᐃᐧᑦ

ᐅᓄᐁᐧᓂᐊᐧᑦ ᐃᐧᒋᐦᐃᐁᐧᐃᐧᓇᑦ ᑲᐃᐧᒋᐦᐃᑯᑦ ᑕᓱᑭᓱᑲ ᑫᑯᓇᑦ ᑲᐱᒥᐃᓱᒋᑫᔭᑦ.

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Ontario

ᐊᐅᓐᓄᑦ ᑭᑭᐃᓐᒋᖅᐃᓪ: ᑭᒡᐱᑦ ᐃᓱᓴᑦ ᒋᐃᓐᒋᖅᐃᑯᔭᑦ, ᑭᑕᓂᕐᐃᓐᓂᑦ Community Care Access Centre (CCAC) ᑲᐃᓐᒋᖅᐃᑯᑦ ᒋᓇᓇᑐᓇᐊᓐᒥ ᕿᐱᒥᐃᓐᒋᖅᐃᑦ. ᐅᑯᐅᓐᓂᐊᓐᑦ ᐃᓂᓂᑲᓱᐊᓐᑦ ᑲᐅᒋᐱᒥᐸᒥᑕᕐᐊᓐᒥ, ᑲᐊᑯᓱᐃᓐᐸᒥᖅᐃᐅᓐᐊᓐᒥ, ᑲᑭᓱᓂᕐᑕᒪᕐᐊᓐᒥ ᓇᑦᑕ ᑲᑲᓇᐅᓐᑦᒋᕐᐊᓐᒥ.

ᐊᓂᑦ ᑭᑭᐃᓂᓐᐃᒋᖅᐃᑲᓐ:

- ᑲᐃᓐᒋᖅᐃᑯᑦ ᑎᐱᓇᐅᓐ ᐸᒥᖅᐃᐅᓐᐃᓐᓂᑦ, ᑐᑲᑦ ᑭᓱᐱᑭᐃᓐᓂᑦ, ᒥᑐᑦ, ᐅᑦᑎᑲᓐᑦ ᐱᐊᓐᔅ, ᐅᔅᑲᑦ, ᒥᓂᒋᑦ ᓇᑦᑕ ᒥᓇ ᒥᓱᑎᑦ ᒋᐃᓂᐸᒥᒋᑲᒐᓂᑦ
- ᑲᐃᓐᒋᖅᐃᑯᑦ ᒋᐊᑦᑕᓱᓐᑲ ᒥᓇ ᒋᐅᓇᐱᖅᐃᑲᓐ ᒐᓴᐱᐃᓐᓂᑦ, ᐅᑕᐸᓂᑦ ᓇᑦᑕ ᓂᐯᐃᓐᓂᑦ
- ᑲᐃᓐᒋᖅᐃᑯᑦ ᒋᐳᑕᐱᓱᔭᑦ ᒥᓇ ᒋᑭᑕᐱᓱᔭᑦ
- ᑲᐃᓐᒋᖅᐃᑯᑦ ᐃᓐᓱᓂᔭᑦ
- ᑲᐃᓐᒋᖅᐃᑯᑦ ᒥᓱᐃᓐᑲᒥᑯᑦ
- ᑲᐃᓂᐃᓐᓂᑯᑦ ᓇᒋᒪᒡᑭᑭᐃᓐᓂᓂᐅᓐᔭᑦ

ᑭᓱᓂᕐᑕᒪᕐᐃᓐᑦ

ᑭᓱᓂᕐᑕᒪᕐᐃᓐᑦ ᑲᔪ ᑕᑲᓐᑦ ᕿᑭᐅᒋ ᐃᓐᒋᖅᐃᑯᔭᑦ ᑕᓱᑭᓂᑲ ᐃᒪ ᑲᐃᓂᑲᐯᓂᔭᑦ.

ᐊᐅᓐᓄᑦ ᑭᑭᐃᓐᒋᖅᐃᑦ: ᑭᒡᐱᑦ ᐃᓱᓴᑦ ᒋᐃᓐᒋᖅᐃᑯᔭᑦ, ᑭᑕᓂᕐᐃᓐᓂᑦ Community Care Access Centre (CCAC) ᑲᐃᓐᒋᖅᐃᑯᑦ ᒋᓇᓇᑐᓇᐊᓐᒥ ᕿᐱᒥᐃᓐᒋᖅᐃᑦ ᓇᑦᑕ ᐊᓄᑭᐃᓐᓂᑦ ᕿᐅᒋ ᐊᓄᑭᑕᒪᑯᔭᑦ.

ᐊᓂᑦ ᑭᑭᐃᓐᒋᖅᐃᑲᓐ:

- ᑲᐃᓐᒋᖅᐃᑯᑦ ᒋᐅᓇᑐᔭᑦ ᕿᔭᓂᐃᓇᑦᒋᕿᔭᑦ ᒥᓇ ᒋᑲᓐᔭᑦᒋᑐᔪᑦ ᒥᒋᑦ
- ᑲᐃᓐᒋᖅᐃᑯᑦ ᒋᓇᒋᐊᑕᐅᓐᐃᓐᑲᒥᕿᓐᔭᑦ
- ᐸᑭ ᑲᑭᓱᓂᕐᑕᒪᑯᑦ ᒥᓇ ᑲᑭᓱᐱᑭᓂᕐᑕᒪᑯᑦ
- ᑲᐃᓐᒋᖅᐃᑯᑦ ᒋᑎᐸᖅᐊᒪᑦ ᑭᒪᓱᓇᖅᐃᕿᐃᓐᓇᑦ ᒥᓇ ᓵᓂᔭᐃᓐᑲᒥᑯᑦ ᑲᐃᓂᐃᓐᒋᐃᓐᑯᑦ

ᑕᓂᕐᐃᓐᓂᑦ ᐊᓱᓪᑲᒪᕐᐃᓐ ᐃᓐᒋᖅᐃᐅᓐᐃᓐᓇᑦ

ᐅᓄᐅᓐᓂᐊᓐᑦ ᐃᓐᒋᖅᐃᐅᓐᐃᓇᑦ ᑲᐃᓐᒋᖅᐃᑯᑦ ᒋᐸᔭᑕᑭᔭᔭᑦ ᒥᓇ ᑭᓂᑯ ᒋᑕᓂᐸᒥᖅᐃᑎᓱᔭᑦ ᑲᐃᓂᑲᐯᓂᔭᑦ.

ᐊᐅᓐᓄᑦ ᑭᑭᐃᓐᒋᖅᐃᑦ: ᑲᑭᒥᑲᓇᑦ ᐅᓄᐅᓐᓂᐊᓐᑦ ᐃᓐᒋᖅᐃᑯᐃᓐᓇᑦ ᐃᒪ ᐊᓄᑭᑕᒪᕐᐃᓐ ᐱᒧᒋᕐᐃᓐᓇᑦ ᒥᓇ ᑲᑎᐱᓇᐅᓐ ᐱᒧᒋᑲᒐᑭᑦ ᐊᓄᑭᐃᓐᓇᑦ.

ᐊᓂᑦ ᑭᑭᐃᓐᒋᖅᐃᑲᓐ:

- ᐱᒥᑕᐸᓂᑯᐃᓐᑦ
- ᐃᓐᓱᓂᐃᓐᑦ
- ᑲᐸᒥᖅᐊᒻ ᐅᑕᑯᓱᑦ ᐅᐃᓐᒋᖅᐃᑯᐃᓐᑦ
- ᑭᓱᓂᕐᑕᒪᕐᐃᓐᑦ
- ᐊᒋᓇ ᓂᑲᒐᒡᑲᖅᐃᑯᐃᓐᑦ
- ᒪᒪᐃᓐᒡᑲᖅᐃᑯᐃᓐᑦ ᒥᓇ ᒣᑕᐅᓐᐃᓂᒋᕐᖅᐃᑯᑦ

3. ᐊᐅᓐᓄᑦ ᐅᑎᐸᖅᐊᑭᑦ ᐅᓄᐅᓐᓂᐊᓐᑦ ᑲᐯᓂᐃᓐᓂᑦ ᐸᒥᖅᐃᐅᓐᐃᓐᓇᑦ.

ᐅᓄᐅᓐᓂᐊᓐᑦ ᑲᐯᓂᐃᓐᓂᑦ ᐸᒥᖅᐃᐅᓐᐃᓐᓇᑦ ᒥᓂᓇᓐᔪᑦ ᐸᐸᑲᑦ ᐅᑦᒋᑕᑎᐸᖅᐃᑲᒐᐊᓐᑦ:
ᐃᒪ ᐅᑭᒪᐅᓂᑦ (ᐅᑦᒐᐟᐃᔪ ᓇᑦᑕ ᒥᓇ ᐅᒐᓇ ᐅᑭᒪᐅᓇᑦ)

- ᑲᐸᑭᑎᓂᕐᐊᓐᒥ ᑲᒧᒋᔭᓄᑭᑕᒪᕐᐊᓐᒥ ᐱᒧᒋᕐᐃᓐᓇᑦ (ᒧᓴᑦ ᐅᑕᓄᑲᑕᓇᐊᓐ ᐅᓄ ᑐᑲᑦ ᐃᓇᓄᑭᑕᒪᕐᐃᓐᓇᑦ)
- ᑲᐱᒥᑎᐸᖅᐊᒪᑦ ᐊᑯᓱᐃᓐᐸᒥᖅᐃᑯᐃᓐᑦ ᓇᑦᑕ ᑭᒋᖅᐊᐃᓐ ᐸᒥᖅᐃᑯᐃᓐᑦ (ᑐᑲᑦ ᐊᑯᓱᐃᓐ ᐃᑦᓵᐅᐊᑦᑎ)
- ᑭᑦ (ᑐᑲᑦ, ᑭᓂᑯ ᑲᐱᒥᑎᐸᖅᐊᒪᑦ ᐅᒪ ᑲᐅᒋᐱᒥᐃᓐᒋᖅᐃᑯᔭᑦ)

ᒥᔕᑦ ᐊᐃᐧᔭᑉ ᐁᑲ ᑲᐃᐧᓇᑲᑕᒧᐊᐧᒪ ᐅᑲᐯᔕᐃᐧᓂᐊᐧ ᐅᑲᑭᐅᓇᑐᓇᐊᐧ ᓇᓇᑲᐤ ᐃᐧᒋᐦᐃᑯᐃᐧᓇᑦ ᑲᑎᐸᐦᐃᑲᑌᑭᑦ ᒥᔕᓇᐧᔪᑉ ᐸᐸᑲᑦ ᐃᓇᑫ.

ᑫᑐᑕᒪᑦ ᐃᐧᐅᓇᑐᔭᑦ ᐅᒪ ᒋᐅᒋ ᐃᐧᒋᐦᐃᑯᔭᑦ ᑲᐯᔕᐃᐧᓂᑉ ᐸᒥᐦᐃᐁᐧᐃᐧᓇᑦ.

4. ᐊᓂᑦ ᑫᑐᑕᒪᑦ ᐅᒪ ᒋᐅᒋ ᐃᐧᒋᐦᐃᑯᔭᑦ ᓇᑦᑕ ᑲᓴᑭᐦᐊᑉ ᑲᐯᔕᐃᐧᓂᑉ ᐸᒥᐦᐃᐁᐧᐃᐧᓇᑦ.

ᑭᑕᔕᑫᐃᐧᓂᑉ Community Care Access Centre (CCAC) ᑲᐃᐧᒋᐦᐃᑯᑉ:

- ᐅᑲᓇᓇᑕᐃᐧᑭᑫᑕᓇᐊᐧ ᐊᓂᑦ ᑲᐃᔕᓇᓄᑌᓴᔭᑦ
- ᐅᑲᓇᓇᑐᓇᓇᐊᐧ ᐃᓇᓄᑭᐃᐧᓇᑦ ᑫᐃᐧᒋᐦᐃᑯᔭᑦ ᒥᓇ ᑲᐃᓯᓴᔭᑦ
- ᐅᑲᒪᐊᐧᑐᓇᓇᐊᐧ ᑲᑭᓇᓇᑕᐃᐧᑭᑫᑕᒧᐊᐧᒪ ᐊᐁᐧᓐᑦ ᑫᑭᐃᐧᒋᐦᐃᑭᐸᑦ
- ᐁᑲᐧ ᐊᐱᑦ ᐅᑲᐅᓇᑐᓇᐊᐧ ᑲᑭᓇᑐᑕᒪᔭᑦ ᑫᐃᔕᐸᒥᐦᐃᑯᔭᑦ

ᐁᑲᐧ ᓂᐢᑕᑦ ᐱᓇᒪ ᑫᑐᑕᒪᑦ, ᓇᓇᑕᐊᐧᐸᑕᑦ ᐊᑦᑎ ᐁᐅᒋᐯᓇᑲᐧᑉ ᑲᑕᓇᓄᑲᑌᑭᑦ ᐊᑯᓯᐃᐧ ᐸᒥᐦᐃᑯᐃᐧᓇᑦ.

5. ᐊᑦᑎ ᑫᐅᒋᑭᑫᑦᑕᒪᑦ ᐅᑭᒪᐅᓂᑉ ᑲᐅᒋᑎᐸᐦᐃᑲᑌᑭᑦ ᑲᐯᔕᐃᐧᓂᑉ ᐸᒥᐦᐃᐁᐧᐃᐧᓇᑦ ᒋᐅᒋ ᐃᐧᒋᐦᐃᑯᔭᑦ.

ᐃᔕᑭᑐᑦ ᑭᑕᔕᑫᐃᐧᓂᑉ Community Care Access Centre (CCAC). ᐃᐧᓇᐊᐧ ᑕᐡ ᐅᑲᓇᓇᑕᐃᐧᑭᑫᑕᓇᐊᐧ ᑭᐡᐱᑦ ᐃᓯᓴᑫᐧᑦ ᒋᑭᐃᐧᒋᐦᐃᑯᔭᑦ ᐅᑭᒪᐅᓂᑉ ᑲᐅᒋᑎᐸᐦᐃᑲᑌᑭᑦ ᑲᐯᔕᐃᐧᓂᑉ ᐸᒥᐦᐃᐁᐧᐃᐧᓇᑦ.

6. ᐊᑦᑎ ᑫᐅᒋᐃᐧᒋᐦᐃᑯᔭᑦ ᑭᐡᐱᑦ ᐁᑲ ᒋᑭᑎᐸᐦᐃᑲᑌᑉ ᐅᑭᒪᐅᓂᑉ ᑲᐅᒋᑎᐸᐦᐃᑲᑌᑉ ᐃᐧᒋᐦᐃᑯᐃᐧᑦ.

ᑭᓂᑯ ᑲᑎᐸᐦᐊᑦ ᐊᓄᑭᑕᒪᑫᐃᐧᓇᑦ ᑲᓇᑕᐁᐧᑕᒪᑦ. ᐁᑲᐧ ᑲᑭᓇᓯᑲᐊᐧᑉ ᐊᐃᐧᔭᑉ ᓇᑦᑕ ᐊᓄᑭᐃᐧᑲᒥᑯᑉ ᑲᑭᐅᓐᓂᒪᑕᐧ ᑫᐅᒋᓇᑕᒪᑯᔭᑦ. ᑭᑕᔕᑫᐃᐧᓂᑉ Community Care Access Centre (CCAC) ᑲᑭᐃᐧᒋᐦᐃᑯᑉ ᒋᓇᓇᑐᓂᑫᑕᒪᐃᐧᑲᐧ ᒋᒥᑲᒪᑦ ᐅᓄᐁᐧᓂᐊᐧᑦ ᐃᐧᒋᐦᐃᑯᐃᐧᓇᑦ.

7. ᓂᐃᐧᓇᓇᑕᐃᐧᑭᑫᑕᑦ ᐅᐁᐧ ᐅᒋ ᐊᑯᓯᐃᐧ ᐸᒥᐦᐃᑯᐃᐧᑦ ᐅᑦᑌᐣᐃᔪ ᑲᐸᑭᑎᓂᑲᑌᑉ. ᐊᑦᑎ ᑫᐃᔕᑭᑐᔭᑦ.

ᐃᔕᑭᑐᑦ ᐅᒪ ServiceOntario, INFOline ᒣᑲᐧᒪ ᐊᐱ 8:30 ᑭᒐᐸᔭᑉ ᐊᑯᓇᑉ 5:00 ᐅᓇᑯᔕᑉ. ᐅᑕᓄᑭᑉ ᑲᐃᐧᒋᐦᐃᑯᑉ ᐁᐧᒥᑎᑯᔕᒧᐃᐧᓂᑉ, ᐸᑲᐧᐃᔕᒧᐃᐧᓂᑉ ᒥᓇ ᑯᑕᑭᔭᑦ 20 ᐃᔕᑭᒐᐧᐃᐧᓇᑦ. ᐅᒪ ᐃᔕᑭᑐᑦ:

- 1-866-532-3161
- ᐁᑲ ᑲᐅᓯᑌᐊᐧᒪ TTY 1-800-387-5559
- ᑐᐣᐊᑦᑐ ᐅᑌᓇᑉ, ᐁᑲ ᑲᐅᓯᑌᐊᐧᒪ TTY 416-327-4282.

ᑭᔭᐱᒪ ᑲᑭᐅᑦᒋᑭᑫᑦᑕᑦ ᐅᐁᐧ ᐃᒪ ᐱᐊᐧᐱᑯᑉ health.gov.on.ca