Deployment of Diabetes Education Teams

With the objective of expanding diabetes services for individuals with diabetes across the province, Ontario has committed additional resources. Fifty-one new diabetes education teams (consisting of primarily one Registered Nurse and one Registered Dietitian) are being placed in multidisciplinary team-based settings. Ten of these teams will be located in Aboriginal Health Access Centres and Aboriginal Health Community Centres that currently do not have teams to serve the needs of Aboriginal communities.

Currently, there are 261 diabetes education teams providing services to approximately 310,000 Ontarians. New resources will be added over the next two years primarily in communities that are under-serviced and where priority populations exist.

Diabetes education teams offer health and nutrition counselling, and provide individuals living with diabetes with tools and resources to help them better manage their disease. Teams in multidisciplinary settings may work with a wide variety of other health professionals, including primary care providers, nurses, social workers, pharmacists, chiropodists and physiotherapists.

The new diabetes education teams are being placed in the following locations:

COMMUNITY HEALTH CENTRES (CHC)
- North Simcoe Muskoka LHIN
  - Barrie Community Health Centre
  - Black Creek Community Health Centre
  - Centretown Community Health Centre
  - LAMP Community Health Centre
  - Langs Farm Village Community Health Centre
  - New Heights Community Health Centre
  - North Lambton Community Health Centre
- Champlain LHIN
- Toronto Central LHIN
- Waterloo Wellington LHIN
- Erie St. Clair LHIN
- Central LHIN
- South East LHIN
  - Windsor Regional Hospital
  - Grey Bruce Health Services
  - St. Joseph’s Health Care (London)
  - Tillsonburg District Memorial Hospital
  - Halton Diabetes Program
- Mississauga Halton LHIN
- Central East LHIN
- South East LHIN
  - Lennox and Addington County General Hospital
  - North Wellington Health Care Corporation
  - Orillia Soldiers’ Memorial Hospital
  - Quinte Health Care
  - Southlake Regional Health Centre
  - Trillium Diabetes Management Centre
  - William Osler Health Centre
- North East LHIN
- North West LHIN
- Aboriginal/Remote-Mobile
  - North East LHIN and North West LHIN
  - Diabetes Education Resources to complement the CNIB van currently servicing 30 remote communities in the North.

FAMILY HEALTH TEAMS (FHT)
- Waterloo Wellington LHIN
- Hamilton Niagara Haldimand Brant LHIN
- Champlain LHIN
- Guelph Family Health Team
- Niagara Medical Group Family Health Team
- Six Nations FHt of the Grand River
- Ottawa Hospital — Family Health Team

COMMUNITY/HOSPITAL ORGANIZATIONS
- Hamilton Niagara Haldimand Brant LHIN
- Erie St. Clair LHIN
- South West LHIN
- Mississauga Halton LHIN
- Central East LHIN
- South East LHIN
- Waterloo Wellington LHIN
- North Simcoe Muskoka LHIN
- South East LHIN
- Central LHIN
- Mississauga Halton LHIN
- Central West LHIN
- North East LHIN
- North West LHIN
- Brant Community Healthcare System
- Chatham-Kent Health Care Alliance
- Windsor Regional Hospital
- Grey Bruce Health Services
- St. Joseph’s Health Care (London)
- Tillsonburg District Memorial Hospital
- Halton Diabetes Program
- Durham Region Diabetes Network (Lakeridge)
- Ross Memorial Hospital
- Lennox and Addington County General Hospital
- North Wellington Health Care Corporation
- Orillia Soldiers’ Memorial Hospital
- Quinte Health Care
- Southlake Regional Health Centre
- Trillium Diabetes Management Centre
- William Osler Health Centre
- Moose Factory Diabetes Education Program
- Sudbury Diabetes Education and Care Program
- Sioux Lookout Diabetes Education Program
- Thunder Bay Diabetes Education Program

Stand up to Diabetes
News from one of our partners in the Ontario Diabetes Strategy

The Ontario Bariatric Network

The Ontario Bariatric Network aligns with the Ontario Diabetes Strategy (ODS) by expanding services and supports for people with morbid obesity to help reduce this major modifiable risk factor for diabetes.

In addition, there is evidence that individuals with more recent onset of diabetes (< 5 years), with satisfactory glycemic control on diet or oral hypoglycemic agents, and with greater weight loss, are more likely to achieve diabetes remission after bariatric surgery. (1, 2)

More than 85 per cent of people with type 2 diabetes are overweight (NIDDK*). The Diabetes Prevention Program, a large clinical study sponsored by the National Institutes of Health, found that losing just 5 to 7 per cent of body weight and doing moderate-intensity exercise for 30 minutes a day, 5 days a week, may prevent or delay the onset of type 2 diabetes.

The Ontario Bariatric Network is pleased that all Bariatric Centres of Excellence sites are now performing surgeries and able to provide access to bariatric surgery in a timely manner. Wait times vary across sites but are as short as two weeks from referral date to first appointment at a Regional Assessment and Treatment Centre (RATC) with surgery following within a few weeks depending on the readiness of the patient and their co-morbidities.

Implementation of the Bariatric Strategy continues, and soon, additional RATCs will be launched in northern Ontario.

Click here for a listing of Bariatric Centres of Excellence.

To receive this newsletter, email diabetes@ontario.ca, and ask to be added to the distribution list.

*National Institute of Diabetes and Digestive and Kidney Diseases (USA)
