DO YOU PROVIDE CARE FOR PREGNANT WOMEN IN ONTARIO? PLEASE READ THIS IMPORTANT UPDATE.

The Ontario Antenatal Record has been Updated

The Provincial Council for Maternal and Child Health (PCMCH) and the Better Outcomes Registry & Network (BORN) Ontario, in partnership with the Ontario Medical Association and the Association of Ontario Midwives, are pleased to announce the 2017 release of the Ontario Perinatal Record (OPR).

Why the Update?

A form to guide and document pregnancy care in Ontario has been in place since 1979. The updated Ontario Perinatal Record is the 5th revision to this form and replaces the 2005 version.

How Did it Happen?

A provincial committee representing practitioners using the current antenatal record (obstetricians, midwives, family physicians, nurses, nurse practitioners), as well as other stakeholders supporting high quality maternity care (Best Start, Public Health, BORN Ontario,
PCMCH) worked from 2014 to 2017 to complete this update. The updated form is the product of broad stakeholder consultation and a review of forms used in other jurisdictions in Canada and globally. As well, each section of the form was reviewed in light of the current literature and clinical practice guidelines.

**What’s new in the OPR?**

Updates to the OPR include:

- Spreading out and enhancing the original two-page record to three pages to allow for more thorough documentation of medical, genetic, and psychosocial issues
- A total of five pages, including a page of mental health screening resources and a standardized postnatal visit record
- Consolidation of all lab and ultrasound tests on page 2
- A comprehensive section on immunizations
- Prompts for special circumstances requiring time sensitive interventions
- Inclusion of mental health screening questions and tools
- Updated genetic history and investigations
- Updated language respectful of gender identity and the multiple ways in which individuals may identify themselves as a parent
- Grouped and expanded discussion topics by trimester
- Updated demographics to reflect newer methods of contact, planned place of birth, newborn care provider
- A detailed user guide

To order hard copies:

1. Go to the Ministry of Health and Long-Term Care's Central Forms Repository, and
2. Submit completed forms to OSSDistribution@ontario.ca (preferred option) or fax to 416-679-8192.

The OPR and user guide can also be downloaded from www.pcmch.on.ca.

**What about the Electronic Medical Record (EMR)?**

Technical specifications for the electronic version of the OPR are currently under development. In the meantime, practitioners who use an EMR may want to use the 2017 OPR as a guide to care, while still working within their existing record.

For further details regarding when your EMR will be updated, please contact your vendor.