



# 2016 MEDAL RECIPIENT

## Minister's Medal Honouring Excellence in Health Quality and Safety

*Team-based Winner*

### Weaving a Mosaic of Support – Caregiver Respite in the Mississauga Halton LHIN

In 2012, the Mississauga Halton LHIN launched its Caregiver Respite program which was developed through partnerships with 18 organizations, caregivers and their families. The Caregiver Respite Program offers five services that are available to support caregivers in taking care of personal needs while knowing a loved one's care is in the best of hands. They include:

- Emergency respite services designed to provide caregivers with an immediate option for the care of an individual when circumstances require the caregiver to be away from home for a few hours or even a few days.
- Out-of-home respite (short stay) offers two short-stay beds where people can stay safely and securely between 2 to 14 days and nights, up to three times per year or on an emergency basis while the caregiver takes a break from their care giving responsibilities.
- Adult Day Services has 10 providers at 17 locations that offer loved ones with an opportunity to get out of the house and to meet other adults who share similar interests.
- In-home Respite Service/ Recharge makes it possible for people to remain living in the comfort and security of their own home by providing skilled substitute care given by trained staff.
- Caregiver Counseling and Education, a 6,000 square foot Regional Learning Centre with four full-time educators who review caregiver needs and the respite options available; answer any questions caregivers might have about respite programs and services; help caregivers access the full range of personal support available for health and wellness and offer easy access to resources.

*The information provided above is taken directly from 2016 Minister's Medal applications –  
Facts and information herein have been updated in 2016 but have not been verified for accuracy.*

Not only is this initiative an excellent example of patient-centred care, in one year, one service alone in the Program provided savings of over \$860,000 by delaying admission to long-term care homes. Based on the early results, the Mississauga Halton LHIN's Caregiver Respite Program has the potential for widespread growth among other LHINs. Awareness is growing and inquiries have increased, including interest from the federal government.

**Primary contact:**

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