

**Neuropathy**

1. Symptoms: Paresthesia, dysesthesia, numbness, weakness, pain, etc.
2. Laboratory: Nerve conduction studies, electroencephalogram, etc.
3. Imaging: MRI, CT scan, etc.
4. Treatment: Pain control, rehabilitation, etc.
5. Prevention: Healthy lifestyle, medical management, etc.

**Causes**

1. Diabetes: Prolonged elevated blood glucose levels can lead to nerve damage.
2. Systemic diseases: Hypertension, hyperlipidemia, etc.
3. Infections: Tuberculosis, leprosy, etc.
4. Neurodegenerative diseases: Multiple sclerosis, amyotrophic lateral sclerosis, etc.
5. Drug-induced: Chemotherapy, radiation therapy, etc.
6. Genetic: Familial dysautonomia, etc.
7. Metabolic: Hyperparathyroidism, hypothyroidism, etc.
8. Other: Trauma, compression, etc.

**Diagnosis**

- Symptoms and signs
- Nerve conduction studies
- Electroencephalogram
- Imaging studies

**Treatment**

- Pain management
- Rehabilitation
- Nutritional support
- Medications

**Prevention**

- Control blood glucose levels
- Healthy lifestyle
- Screening programs

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**Ontario**

Canadian Diabetes Association

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Managing Your Feet

Content taken from the Canadian Diabetes Association’s consumer fact sheet, Foot Care: A step toward good health.