



# Health Coverage

## Helpful Options for People with Diabetes

People with diabetes can face high medical costs for supplies, medication and medical devices. To help ease the burden, a number of options are available to those who qualify.

Eye care services	
Coverage provider: <b>Ontario Health Insurance Plan (OHIP)</b>	
Who qualifies?	For what services?
Patients 65 years of age and older and patients 19 years of age and younger.	One routine eye examination every 12 months and any required follow-up assessments.
Patients age 20 to 64 with any of the following conditions: diabetes, glaucoma, cataract, retinal disease, amblyopia, visual field defects, corneal disease and strabismus.	Major eye examination by an optometrist or physician every 12 months and any necessary follow-up assessments.
Patients of all ages.	Medically necessary eye care services provided by physicians.
<b>Contact:</b> <ul style="list-style-type: none"> <li>• ServiceOntario: 1-800-268-1154 (toll-free in Ontario only). In Toronto: 416-314-5518</li> <li>• Visit <a href="http://www.health.gov.on.ca/english/public/pub/ohip/eyecare.html">www.health.gov.on.ca/english/public/pub/ohip/eyecare.html</a></li> </ul>	

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Prescription drugs and supplies	
Coverage provider: <b>Ministry of Health and Long-Term Care, Ontario Drug Benefit Plan (ODB)</b>	
Who qualifies?	For what supplies?
Patients on a provincial social assistance program and those who are 65 years of age or older.	Diabetes supplies including most types of insulin, and oral medications (hypoglycemics), and blood testing strips.
<p>Note: If you are 65 years of age or older, are using the ODB and have an annual income of \$16,018 or more (or a combined income of \$24,175 or more for a couple), you will have to pay an annual deductible of \$100 up front. After that, you will pay up to \$6.11 per prescription. If your annual income is under \$16,018 or \$24,175 for a couple, no up-front payment will be required and you will pay a \$2 prescription fee.</p> <p>Products listed on the ODB Formulary for diabetes are:</p> <ul style="list-style-type: none"> <li>• Oral antidiabetic agents</li> <li>• Insulins</li> <li>• Testing strips</li> </ul>	
<p><b>Contact:</b></p> <ul style="list-style-type: none"> <li>• Your local social services agency to find out if you qualify for this coverage. Contact your regional office to find out about your local social services agency: <a href="http://www.mcass.gov.on.ca/mcass/english/ministry/regionaloffices">www.mcass.gov.on.ca/mcass/english/ministry/regionaloffices</a></li> <li>• Your pharmacist</li> <li>• Visit <a href="http://www.health.gov.on.ca/english/providers/program/drugs/odbf_mn.html">www.health.gov.on.ca/english/providers/program/drugs/odbf_mn.html</a></li> </ul>	
Coverage provider: <b>Ministry of Health and Long-Term Care, Trillium Drug Program</b>	
Who qualifies?	For what supplies?
Patients whose drug costs are high compared to their annual income. You will need to make an up-front payment, broken up into four parts over the year, to access the program. This payment is based on a review of your household income.	Diabetes supplies including most types of insulin, and oral medications (hypoglycemics), and blood testing strips.
<p><b>Contact:</b></p> <ul style="list-style-type: none"> <li>• 1-800-575-5386</li> <li>• Visit <a href="http://www.health.gov.on.ca/english/public/pub/drugs/trillium.html">www.health.gov.on.ca/english/public/pub/drugs/trillium.html</a></li> </ul>	

Coverage provider: **Ministry of Health and Long-Term Care, Assistive Devices Program (ADP)**

**Who qualifies?**

Patients 65 years of age or older who use insulin by injection on a daily basis.

Children, youth and adults with type 1 diabetes who meet the program's medical eligibility criteria. You must be assessed and followed up by an ADP-registered Diabetes Education Program.

Patients who continue to qualify will have to show that they meet the eligibility criteria.

**For what supplies?**

Annual grant of \$170, paid once per year, for the purchase of needles and syringes used to inject insulin.

- 100 per cent of the cost of an insulin pump listed with the program, which must be sold to the patient at the ADP-approved price of \$6,300.
- Funding for insulin pumps can be renewed every five years, if the pump is no longer in good working order.
- An annual grant of \$2,400 for related supplies, paid out in four equal payments (\$600 each) directly to the patient or their legal agent. The grant must be used to buy supplies needed to make the pump work and must be renewed on a yearly basis.

**Contact:**

- Assistive Devices Program: 1-800-268-6021 (toll-free in Ontario only). In Toronto: 416-327-8804

Coverage provider: **Ministry of Health and Long-Term Care, Assistive Devices Program (ADP), administered by the Canadian Diabetes Association**

**Who qualifies?**

Eligible patients who use insulin or have gestational diabetes.

**For what supplies?**

- 75 per cent of the cost of a blood glucose monitor up to \$75, or 75 per cent of the cost of a talking blood glucose monitor up to \$300. Patients can access this funding once every five years.
- 75 per cent of the cost of lancets and testing strips up to \$820 annually.

**Contact:**

Canadian Diabetes Association: 1-800-361-0796

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## Dietitians

Registered dietitians working in Diabetes Education Centres in acute care and community care settings are covered by OHIP. Private insurance coverage may cover the cost of visiting a registered dietitian in private practice. To determine if you have coverage for the services of a registered dietitian working in private practice, contact your insurance provider. To locate a Diabetes Education Centre or a registered dietitian working in private practice, call the number or visit the website listed below.

### Contact:

- A registered dietitian working in private practice by calling 1-877-510-510-2
- Visit [www.ontario.ca/eatright](http://www.ontario.ca/eatright)

## Foot Care

Coverage provider: **Ontario Health Insurance Plan (OHIP)**

### Who qualifies?

Residents of Ontario

### For what supplies?

Assessments personally performed by physicians for all aspects of diabetes care, including assessment of feet. OHIP does not pay for services such as the clipping or trimming of toenails.

### Contact:

- ServiceOntario: 1-800-268-1154 (toll-free in Ontario only). In Toronto: 416-314-5518