

May 23, 2006

MCGUINTY GOVERNMENT INVESTS IN EATING DISORDERS TREATMENT

The McGuinty government is investing an additional \$4.54 million in funding to support intensive eating disorder services in eight centres across Ontario in 2006/07. This represents a 38 per cent funding increase to eating disorder programming in the province, and means the government is now providing \$16.1 million in annualized funding for these services. The new funding will be dedicated to enhancing the full spectrum of inpatient, medical stabilization, day patient and outpatient treatment programs in these eight specialty sites.

The following is a list of hospitals receiving additional investment:

| LOCAL HEALTH INTEGRATION NETWORK (LHIN) | HOSPITAL/AGENCY | AMOUNT INVESTED |
|--|--|------------------------|
| Champlain | Children's Hospital of Eastern Ontario | \$1,449,000 |
| Champlain | The Ottawa Hospital | \$350,000 |
| Hamilton Niagara Haldimand Brant | Hamilton Health Sciences Corp (McMaster site) | \$393,000 |
| Mississauga Halton | Credit Valley Hospital | \$1,252,000 |
| North East | Hôpital régional de Sudbury Regional Hospital | \$355,000 |
| North West | St. Joseph's Care Group (Thunder Bay) | \$150,000 |
| Toronto Central | University Health Network | \$240,000 |

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| Toronto Central | Hospital for Sick Children | \$350,000 |
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SPECIALIZED EATING DISORDER TREATMENT SERVICES

- Medical stabilization and inpatient treatment programs are often required as first steps in the treatment of clients with eating disorders who are severely ill.
- Day patient programs provide hospital supports to individuals with eating disorders who no longer require medical stabilization or 24-hour supervision (provided by inpatient care), but require a structured program to develop healthy behaviours and habits towards eating, and managing a healthy weight. Standard day treatment programs typically run in four or five-day-per-week schedules.
- Outpatient care is geared toward medically stable individuals with eating disorders who require less intensive treatment. Outpatient treatment services include medical monitoring, nutritional counselling, group therapy and psychoeducational sessions for individuals and their parents, individual psychotherapy and family therapy. Inpatient, day treatment patient and outpatient eating disorder treatment services generally involve multi-disciplinary staff who specialize in the assessment and treatment of eating disorders. The healthcare team commonly comprises a range of disciplines that include but is not limited to psychology/psychiatry, nutrition/dietetics, nursing, occupational therapy and social work.

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