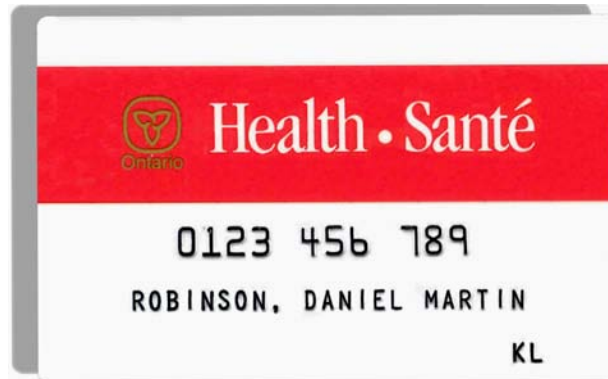


# It is important to carry your health card at all times

You may have a red and white



or photo health card.



Either card is acceptable for insured health services, but it must be valid and belong to you.