

List of Submitted Case Studies

As part of the board of health survey conducted in November 2008, a request was made to public health units to submit ideas for case studies that showcased local initiatives, illustrated unique programming, or demonstrated success in addressing local needs.

Suggested categories for the submission of case studies included:

- integration of public health with the local health care system;
- program delivery to address local health determinants;
- working with priority populations (i.e. First Nations, homeless people);
- improving access to programs (i.e. overcoming language barriers);
- community partnerships; and
- knowledge exchange.

The following list comprises the case study ideas submitted by health units. The text of each case study is original, as submitted by the health unit. Case studies are organized by category and some may appear several times where the case study pertains to more than one category.

#	Title	Public Health Unit	Description	Contact Information
Theme: Partnership with Primary Care				
1	Partnerships with Primary Care	Elgin-St. Thomas Health Unit	In an effort to coordinate services with primary care and respond to their patient needs, Elgin-St. Thomas Public Health has set up regular senior management meetings with the hospital and community health centre, outreach visits to physician and nurse practitioner offices, and a soon to be launched advisory committee made up of physicians, nurse practitioners and pharmacists. We have also provided patient and staff educational material for the hospital emergency department, Maternal and Child Unit and staff training days. With stroke strategy funding, we are piloting screening/referral tools and programming for healthy weight management and smoking cessation.	Carolyn Kuntz: <i>ckuntz@elginhealth.on.ca</i>
2	Motivational Interviewing	Grey Bruce Health Unit	Motivational Interviewing (MI) is recognized as an evidence-based practice that supports person-centered care. To support this shift towards client empowerment, public health staff provided MI training to local health care providers. This strategy has enhanced the capacity of local diabetes educators, Family Health Team professionals, and community based health care providers to provide behaviour change counselling to clients throughout the region.	Ruth Ball: <i>rball@publichealthgreybruce.on.ca</i>
3 and 136	Hospital Liaison Project	City of Hamilton Health Unit	Hamilton Public Health Services staff work with hospital ICP's to gather reportable disease information and conduct reportable disease case investigations on site for those in patients with reportable diseases.	Michelle Baird: <i>Michelle.Baird@hamilton.ca</i>
4	Blastomycosis	Northwestern Health Unit	Blastomycosis is not a unique disease to this region and the Northwestern Health Unit began investigating the number of cases as a result of a public outcry. This disease was once reportable in the province of Ontario: from 1982 to 1989 only 16 cases were identified. Since the Northwestern Health Unit began working with local hospitals and Manitoba Health to institute a passive reporting system in the district, 30-50 cases are reported each year. The Health Unit embarked on a public education campaign in collaboration with Manitoba Health and has raised awareness of this disease in both Winnipeg and the Kenora area.	Mark Perrault: <i>mperrault@nwhu.on.ca</i>

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5	Supporting the use of Brief Clinical Interventions by Health Care Professionals	Simcoe Muskoka District Health Unit	Brief clinical interventions (or minimal contact interventions) done by a health professional have been proven to be an effective way of supporting clients in their process of change toward healthier lifestyles. Clinical interventions as brief as 3 minutes can motivate clients to change. A Health Professionals' Tool was developed to encourage health professionals to integrate healthy lifestyle counselling into their day to day practice. Health professionals can access this tool on the Simcoe Muskoka District Health Unit website, or can request on-site training to assist them in incorporating these interventions into their practice.	Christine Bushey <i>christine.bushey@smdhu.org</i>
6 and 114	Tuberculosis Control Program	Waterloo Health Unit	The Region of Waterloo Public Health Tuberculosis Control Program has established an excellent link with local respiratory specialists. The physicians, on a rotating basis, staff the Public Health TB clinic. This close partnership provides excellent management and prompt assessment of all active and suspected TB cases as well as quick access to the local health care system should further investigations be necessary.	Naideen Bailey: <i>bnaideen@region.waterloo.on.ca</i>
7	Family Health Teams	Wellington-Dufferin-Guelph Health Unit	Public Health supported the development of seven Family Health Teams across our community. Public Health staff link with FHT staff to share resources, and collaborate on joint initiatives. In addition, there is ongoing public health membership on some FHT advisory committees.	Rita Seti: <i>rita.sethi@wdghu.org</i>
8	Universal Prenatal Screening	York Regional Health Unit	Universal Prenatal Screening – Healthy Babies Healthy Children Program: York Region Public Health is actively approaching local hospitals in an attempt to build community partnerships as part of an initiative to increase prenatal screening. Proposals have been accepted by 2 of 3 local hospitals who will now be involved in distributing and collecting prenatal screens (developed by the health unit) to their clients. Mechanisms are in place to track response rates from individual hospitals.	Rina Lamba: <i>rina.lamba@york.ca</i>

#	Title	Public Health Unit	Description	Contact Information
Theme: Co-location/Shared Staff				
9	Public Health Nurses Relocate to Local Hospital	Chatham-Kent Health Unit	In partnership with our local hospital (Chatham-Kent Health Alliance), two public health nurses relocated their office to work out of the hospital. They provide public health services, consultation, and teaching to staff and families in the maternal/newborn and paediatrics wards, and to young families visiting the emergency department. This integration has increased referrals for public health services and has increased our profile within the hospital. In this partnership, Chatham-Kent Public Health has been granted space, computer access, parking, and phone access by the hospital.	Paula Morrison: <i>paulamo@chatham-kent.ca</i>
10	Public Health Outreach in Rural Communities	Chatham-Kent Health Unit	This past year we have relocated staff and programs in an effort to improve access to our very rural community. Family Health (including Healthy Babies Healthy Children and prenatal programs), dental, immunization, and sexual health follow-up are now available at numerous locations throughout the community. (Chatham-Kent has a land mass the size of Prince Edward Island with very limited public transit).	Paula Morrison: <i>paulamo@chatham-kent.ca</i> or Jane Reiha: <i>janer@chatham-kent.ca</i>
11	Capitalizing on Partner Strengths	Elgin-St. Thomas Health Unit	In recognizing that Elgin-St. Thomas Public Health's partners have strengths, abilities and opportunities that would benefit our clients, programs and services, we have on two occasions entered a third party agreement for transferring funds to another service provider. One was for the Youth Action Alliance, which is run by the YWCA, and the other supports family abuse prevention programming with Early Child Development dollars provided to the Violence Against Women Services.	Carolyn Kuntz: <i>ckuntz@elginhealth.on.ca</i>
12	Public Health Client Services	Grey Bruce Health Unit	Public Health Client Services is a "one-stop model" for a range of public health services such as vaccinations, breastfeeding support, child development screening including dental, as well as lifestyle assessment and counselling. The client centered approach is determinants based and goal driven. Motivational interviewing techniques are used to support clients through the change process.	Maureen Handley: <i>m.handley@publichealthgreybruce.on.ca</i>

#	Title	Public Health Unit	Description	Contact Information
13	Partnering with Community Health Centre	Haliburton, Kawartha, Pine Ridge District Health Unit	The Haliburton Health Unit is collaborating with the Port Hope Community Health Centre (CHC) to establish a satellite clinic in the CHC facility when constructed. The Health Unit is also providing expertise to Community Care Kawartha Lakes in developing its business plan to incorporate oral health care into the services it will be providing.	Dr. Bill Ryding: <i>bryding@hkpr.on.ca</i>
14	Breastfeeding Secondment at Hospital	City of Hamilton Health Unit	Hamilton Health Sciences (HHS) seconds a 0.5 FTE public health nurse/lactation consultant to work on-site in the hospital. Identified mutual goals are: <ul style="list-style-type: none"> • to improve patient care and support of breastfeeding women and their families • to improve population health outcomes as measured by decreased supplementation rates and increased breastfeeding duration rates • to support and educate hospital staff; this involves development of resources, revision of policies • to promote BFI both within the hospital and the community • to facilitate effective collaboration between Hamilton Public Health Services and HHS reflecting a continuum of integrated services in patients' transition from hospital to community. 	Debbie Sheehan: <i>Debbie.Sheehan@hamilton.ca</i>
15	Shared Employee	Kingston, Frontenac and Lennox and Addington Health Unit	KFLA Public Health has had a long standing strong partnership with the Limestone District School Board. In March 2006, a new initiative was undertaken: we share an employee! This employee is a qualified physical education teacher that has been seconded to work in public health alongside our public health professionals, with the main goal being to increase activity levels of children and youth in our area. The secondment, now its third year, has allowed us to undertake many area wide initiatives and to be able to focus on skill building for teachers in the area of Daily Physical Activity. We believe this secondment is unique in Ontario.	Janine Monahan: <i>jmonahan@kflapublichealth.ca</i>

#	Title	Public Health Unit	Description	Contact Information
16 and 111	Hospital Based TB Clinics	Middlesex-London Health Unit	This case study concerns the feasibility of establishing a TB Clinic at an acute care location. The Health Unit is proposing that these clinics be staffed by a combination of public health nurses and hospital-based infectious disease physicians and respirologists. These clinics would provide an organized locus of care; this would support quality and consistency of follow up care for residents of London and Middlesex with active and latent TB.	Cathie Walker: <i>Cathie.Walker@mlhu.on.ca</i>
17	Office Integration with Hospital	Timiskaming Health Unit	The health unit has achieved integration in a very concrete way with one of our local partners, the Temiskaming Hospital. The hospital built an attached wing to their building to house the main office of the health unit. This allows over a \$40,000 savings in rent per year and provides more "one stop shopping" for the community. As well, it has evolved that the hospital now provides accounting services to the health unit and the health unit provides mental health workers, on-site, to the hospital. Further, coverage for the sexual health clinic has become easier through direct interfacing with the local doctors and infection control practitioners. In 2009, the two agencies will do a joint emergency preparedness display during emergency awareness week.	Esther Millar: <i>millare@timiskaminghu.com</i>
Theme: Integrated Local Planning/Built Environment				
18	Shade Project	Durham Regional Health Unit	Durham Region Health Department partnered with the Canadian Cancer Society and three local garden centres in a community campaign to increase the capacity of Durham residents to utilize shade at home as a protective measure against ultraviolet radiation (UVR). Health communication, health education and capacity building objectives were the focus of the methodologies utilized in this project. Durham residents were exposed to messages through a variety of channels, and were provided with opportunities to learn about the benefits of shade (health education) and the "how-to's" of creating shade at home (capacity building). The intended outcome was the adoption of shade as a sun safety measure, and movement into advocacy for shade provision in outdoor public areas.	Joanne Bradley: <i>Joanne.Bradley@durham.ca</i>

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19	Built Environment Collaboration	Grey Bruce Health Unit	Land Use and the Built Environment Protocols have been developed with county and city planning departments and municipalities to ensure community health including environmental health is factored into the development process earlier and strategically in land use and space design. The process informs and supports geographic team involvement in building healthy environments.	Chris Munn: <i>cmunn@publichealthgreybruce.on.ca</i>
20	Operation Safe, Strong and Clean	Grey Bruce Health Unit	Operation Safe, Strong and Clean is a healthy community development initiative. Interdisciplinary teams of public health staff are aligned with municipal planners and decision makers to incorporate determinants of health and wellness into municipal planning and operations.	Maureen Handley: <i>m.handley@publichealthgreybruce.on.ca</i>
21	Promoting Healthier Communities Policy and Planning	Halton Regional Health Unit	A five-point program that aims to make communities within Halton healthier and more sustainable was developed by the Health Department. This program involves: participation in the long-term planning process at a regional level; policy development directed at the planning processes; the review of planning applications, secondary plans and Official Plans; airshed modelling and air monitoring; and the development and implementation of an air quality/climate health promotion program.	Patricia Hewitt: <i>Patricia.Hewitt@halton.ca</i>
22 and 90	Hamilton Walks	City of Hamilton Health Unit	Hamilton Walks supports and advocates walking to improve health, quality of life, and community safety by: <ul style="list-style-type: none"> • ensuring health and safety messages and issues are identified in the Hamilton Transportation Master Plan and Metrolinx • promoting safe walking for recreation (e.g., walking groups), short trips (e.g., errands) and active transportation (e.g., walk to school and commuting to work) • supporting and promoting walkable neighbourhoods (e.g., request for speed watch) 	Linda Godin: <i>Linda.Godin@hamilton.ca</i>

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23	Safe Communities	Niagara Regional Area Health Unit	Several Safe Community groups have been formed in the Niagara Region. Niagara Region Public Health (NRPH) staff are providing leadership, research consultation and knowledge transfer of best practices & local injury prevention data to these groups. NRPH has facilitated priority setting exercises, using quantitative and qualitative data on injury prevention in order for these groups to focus on the real injury prevention needs in their municipalities. This is making an impact on community levels as the process is re-orienting key partners and stakeholders to injury prevention, influencing their capacity based on research, and building capacity for injury prevention initiatives and support.	Ellen Wodchis: <i>ellen.wodchis@niagara.region.ca</i>
24	Building Healthy Communities	Simcoe Muskoka District	The goal of Simcoe Muskoka District Health Unit's Building Healthy Communities initiative is to act as a catalyst for change and to provide strong public health leadership to key stakeholders to influence the design of new and existing communities so they are sustainable and supportive of the achievement and maintenance of optimal health. Key stakeholders include Simcoe Muskoka municipalities (elected officials, planning staff and senior staff), land use planners, developers, agencies and the public, and provincial partners and ministries. Expected outcomes are: increased awareness and knowledge by key target audiences of the impact of the built environment on health; incorporation of healthy community principles and health-related goals into municipal planning policy documents and processes; health promoting changes made to the built environment to achieve and maintain optimal health.	Megan Williams: <i>megan.williams@smdhu.org</i>
25	Call To Action on Childhood Obesity	Timiskaming Health Unit	This is an initiative which involves a variety of community partners including schools, municipalities, social agencies, and community members at large. Its focal point was to address childhood obesity and the group's efforts will be focused on the environments in which people live, work and play in order to make these places supportive of attaining and maintaining a healthy weight. One municipality has appointed a health subcommittee and it is hoped these types of issues will be discussed and influence the municipal policies and spending.	Estelle St Cyr: <i>stcyre@timiskaminghu.com</i>

#	Title	Public Health Unit	Description	Contact Information
Theme: Volunteering				
26	Family Home Visitors: Healthy Babies Healthy Children Program	City of Hamilton Health Unit	Family Home Visitors are women from the community who received training to become skilled peer mentors. They work one-to-one with families in their homes, focusing on growth and development, model effective parenting, reinforce health teaching provided by the public health nurse, and link parents to community resources. Services are currently provided in 25-30 different languages.	Debbie Sheehan: <i>Debbie.Sheehan@hamilton.ca</i>
27 and 74	Women's Health Educators	City of Hamilton Health Unit	The City of Hamilton Women's Health Educators help multi-cultural women learn how to stay healthy and access health care services. Three Women's Health Educators from the Chinese, South Asian and Arabic communities, trained by public health nurses, provide free education sessions on cancer screening tests, physical activity and healthy eating. Education is coupled with accompaniment to cancer screening appointments for language and cultural support to overcome barriers. The success of this program includes: increased uptake of immigrant women obtaining cancer screening tests, increased access to other City of Hamilton Public Health Services, and increased partnerships with community agencies. This unique program has been recognized as a Best Practice Intervention from the Canadian Best Practices Portal for Health Promotion and Chronic Disease Prevention – Public Health Agency of Canada.	Tricia Hack: <i>Tricia.Hack@hamilton.ca</i>
28 and 46	Breastfeeding Buddy	Kingston, Frontenac and Lennox and Addington Health Unit	The Breastfeeding Buddy program was developed to support breastfeeding mothers to sustain breastfeeding. Trained volunteers provide phone support to identified, consenting mothers. The program has been adopted by several local public health agencies across the province. Twenty volunteers support about 95 mothers a year.	Connie Wowk: <i>cwowk@kflapublichealth.ca</i>

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29	Community Emergency Response Volunteers (CERV)	Middlesex-London Health Unit	To further support the efforts of Middlesex-London Health Unit staff in an emergency or disaster situation, we have recruited and extensively trained teams of volunteers from the community. Training includes personal preparedness, basic search and rescue, fire safety/prevention and suppression, first aid/CPR and defibrillation, reception centre registration and inquiry, and critical incident stress management. Typically unheard of in public health units, this CERV team also provides support to municipalities by administering volunteer emergency response through the direction of the Medical Officer of Health, in his role as a member of the Community Control Group.	Pat Simone: <i>Pat.Simone@mlhu.on.ca</i>
30	Théâtre du soleil couchant	City of Ottawa Health Unit	Théâtre du soleil couchant, celebrating its 12th year in Ottawa, is an insight theatre of francophone volunteers aged 50+ who create vignettes on health issues related to healthy lifestyles, quality of life, balanced living, determinants of health, chronic disease prevention and other topics of specific interest to Ottawa's francophone population. This initiative is done in collaboration with internal and external partners and resource persons.	Helene Carriere: <i>Helene.Carriere@ottawa.ca</i>
Theme: First Nations				
31	First Nations Agreement	The Eastern Ontario Health Unit	Negotiations are well under way to formally include Akwasasne within the service area of the Eastern Ontario Health Unit. Discussions between the EOHU MOH and the Akwasasne Director of Health formally began in mid 2007, and following many meetings with the Akwasasne Mohawk Council, the Director of Health, FNIH, and MOHLTC, we have come close to an agreement that would see Akwasasne adapting the HPPA as their own public health regulation and they would be included in all of the EOHU's programs (some of which they already deliver). Akwasasne will also have a representative on the EOHU board of health. We hope to have concluded the agreement by the summer of 2009.	Dr. Paul Roumeliotis: <i>proumeliotis@eohu.ca</i>

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32 and 36	First Nations Community – Children’s Oral Health Initiative	Haliburton, Kawartha, Pine Ridge District Health Unit	An opportunity exists to work with our local first nations community (Alderville) through a federal program known as the Children’s Oral Health Initiative (COHI). The program offers an oral health assessment and preventive care for children up to and including 7 years, and oral health education for parents.	Dr. Bill Ryding: <i>bryding@hkpr.on.ca</i>
33	Community Food Advisor Training Program	Sudbury and District Health Unit	Health Promotion staff entered into a collaborative partnership with Noojmowin Teg Health Centre, Manitoulin Island, to support their Working with First Nation Service Providers and Families Toward Achieving Healthier Lifestyles initiative, funded by the Ministry of Health Promotion. Noojmowin Teg Health Centre is one of ten aboriginal health access centres across Ontario that are primarily funded by the Aboriginal Healing and Wellness Strategy to provide primary health care services to the seven First Nations and off-reserve Aboriginal populations within the Manitoulin District. During summer 2007, health unit staff delivered the Community Food Advisor (CFA) Training Program to 15 participants. The CFA program is a provincial peer education program developed and supported by the Nutrition Resource Centre. The CFA program provides, through trained volunteers, reliable information and education to promote safe and nutritious food selection, preparation and storage practices. The training with Noojmowin Teg Health Centre incorporated information on active living, traditional foods and training to deliver the provincial Colour It Up! Program.	Bridget King: <i>kingb@sdhu.com</i>
34 and 82	Georgina Women’s Health Initiative	York Regional Health Unit	York Region Public Health collaborated with a Nurse Practitioner in the Town of Georgina to plan, develop, implement and evaluate a Georgina Women’s Health Initiative that promoted screening and early detection of cancer among Aboriginal women. This work is built on previous work to promote screening with at-risk women in Georgina through the Georgina Medical Clinic.	Marg McGibbon: <i>marg.mcgibbon@york.ca</i>

#	Title	Public Health Unit	Description	Contact Information
Theme: Oral Health				
35	Dental Service for Ontario Works Clients	Durham Regional Health Unit	Workability, Life Skills and Self Employment Programs: Our Oral Health staff partners with the Department of Social Services to deliver information to Ontario Works clients who are then eligible to receive enhanced services from dentists including root canal treatment and dentures.	Dr. Patricia Abbey: <i>Pat.Abbey@durham.ca</i>
36 and 32	First Nations Community – Children’s Oral Health Initiative	Haliburton, Kawartha, Pine Ridge District Health Unit	An opportunity exists to work with our local first nations community (Alderville) through a federal program known as the Children’s Oral Health Initiative (COHI). The program offers an oral health assessment and preventive care for children up to and including 7 years, and oral health education for parents.	Dr. Bill Ryding: <i>bryding@hkpr.on.ca</i>
37	Oral Health Outreach	Halton Regional Health Unit	Halton Oral Health Outreach (HOHO) is an innovative approach to link community health care sector partners in order to improve access to oral health treatment and daily oral hygiene care for adults with special needs and the elderly in Halton. The partners involved are community agencies, CCAC, hospitals, the Health Department, Long Term Care Homes, dental providers, Supportive Housing and seniors.	Gisele Franck: <i>Gisele.Franck@halton.ca</i>
38	Dental Treatment Assistance Fund	Kingston, Frontenac and Lennox and Addington Health Unit	The Dental Treatment Assistance Fund is a charitable fund that provides financial support to individuals who are in need of urgent dental care who cannot afford it, and are not covered by CINOT, Ontario Works or private insurance. Donations are received from private donors, and revenue is generated from the custom sports mouthguard fabrication program. Each year this fund assists about 140 people in need.	Susan Stewart: <i>sstewart@kflapublichealth.ca</i>
39	Mennonite School Fluoride Varnish Project	Wellington-Dufferin-Guelph Health Unit	The Wellington-Dufferin-Guelph Public Health Centre’s Peel Mennonite School Fluoride Varnish Project uses the “best-practice” application of fluoride onto the tooth surfaces of children, and the promotion of regular tooth brushing, as part of a longitudinal pilot project to provide evidence of the effectiveness of this public health intervention on the Low-German speaking Mennonite child population. This project is in response to very high levels of children with tooth decay (more than 25% of this population).	Dr. Robert Hawkins: <i>bob.hawkins@wdghu.org</i>

#	Title	Public Health Unit	Description	Contact Information
Theme: Early Years				
40	Best Start Demonstration Site	Chatham-Kent Health Unit	Chatham-Kent Best Start brings programs and services for young families together under one roof. Best Start Hubs throughout the municipality provide programs and services from every agency serving children up to six years of age. Public health nurses provide prenatal, postnatal, and parenting programs in each of our outlying communities. Dental and nutritional services have also been expanded through Best Start including prenatal dental care for at-risk mothers, implementation of the NutriStep program, 18 month and preschool readiness screening. Public health nurses have relocated to Best Start Hubs, further increasing access to services in our outlying areas. The collaboration between agencies has been extraordinary with the creation of a joint website, shared 1-800 number, and agencies sharing office space within the Best Start Hubs.	Marcia Verney: <i>marciav@chatham-kent.ca</i>
41	Infant Feeding Surveillance System	Durham Regional Health Unit	An innovative system to collect local data on the prevalence of breastfeeding initiation, duration, and exclusivity for 6 months. Data is also collected regarding the proportion of parents who have introduced fluids or solids prior to the recommended age established by Health Canada and the Canadian Paediatric Society.	Janice Bogdan: <i>Janice.Bogdan@durham.ca</i>
42	Young Parents' Coalition	Durham Regional Health Unit	The purpose of the Young Parents' Coalition is to ensure expectant and young parents receive information, services and support in being parents. Several sectors are represented. Objectives of the group include identifying and addressing gaps in service, building relationships with other service providers, facilitating the linking of young parents to information, resources and/or programs throughout Durham, and increasing service providers' and community members' knowledge of young parents and their unique needs.	Jessica Ackerman: <i>Jessica.Ackerman@durham.ca</i>
43 and 71	On-line Prenatal Strategy	Durham Regional Health Unit	As part of a comprehensive education strategy, the development of a "virtual classroom" with online modules related to prenatal education will give pregnant women and their partners the opportunity to access reliable and accurate health information as needed, from the comfort of their home	Jessica Ackerman: <i>Jessica.Ackerman@durham.ca</i>

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44 and 132	Car Seat Clinics	City of Hamilton Health Unit	Public Car Seat Inspection Clinics are held monthly at various community locations throughout the City of Hamilton from April to November. Community partners include volunteers from child welfare agencies, the community policing center, trauma prevention and community services. Hamilton Public Health Services provides certification training and re-certification as well as annual updates to all certified car seat technicians to ensure established standards are achieved.	Debbie Sheehan: <i>Debbie.Sheehan@hamilton.ca</i>
45 and 133	Car Seat Donor Clinic	City of Hamilton Health Unit	Hamilton Public Health Services, in collaboration with Ontario Works, offers monthly Car Seat Donor Clinics to OW clients who are unable to afford a car seat by any other means. One hour information sessions are provided to all recipients of car seats and clients are encouraged to attend a Car Seat Clinic to ensure the restraint system is installed and used correctly.	Debbie Sheehan: <i>Debbie.Sheehan@hamilton.ca</i>
46 and 28	Breastfeeding Buddy	Kingston, Frontenac and Lennox and Addington Health Unit	The Breastfeeding Buddy program was developed to support breastfeeding mothers to sustain breastfeeding. Trained volunteers provide phone support to identified, consenting mothers. The program has been adopted by several local public health agencies across the province. Twenty volunteers support about 95 mothers a year.	Connie Wowk: <i>cwowk@kflapublichealth.ca</i>
47	Supporting Parental Attachment	Kingston, Frontenac and Lennox and Addington Health Unit	HBHC and the local Children's Aid Societies have a service agreement that financially supports part of a full time public health nurse to increase nursing visits (in excess of HBHC protocol) in very high risk homes to support parental attachment.	Susan Potvin: <i>spotvin@kflapublichealth.ca</i>
48 and 80	Prenatal/ Child Health Programming	Oxford County Health Unit	Planned activities in a Pre-existing Postpartum Depression (PPD) awareness and training project in Oxford County were strongly supported during the Early Child Development (ECD) planning process. A comprehensive approach to PPD programming was realized over the course of the ECD initiatives and the short term PPD objectives were achieved. Awareness activities have been assimilated into the Reproductive Health program, such as Prenatal Health Fairs, Child Health – Let's Grow Programs and other health unit awareness material distribution activities.	Susan MacIsaac: <i>smacisaac@ocl.net</i>

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49	Wellness Clinic for Tots	Perth District Health Unit	Wellness Clinic for Tots was initiated in collaboration with the Stratford Family Health Team and the University of Guelph in February, 2008. This early identification initiative builds on the recommendations outlined by the Report of the Expert Panel on the 18 Month Well Baby Visit. It is designed to improve child health and developmental outcomes through developmental surveillance, early referral of children with health and developmental risks, and education to parents about health risk reduction. In the first ten months of service 298 children were seen by a nurse practitioner for an enhanced 18 and 36 month well child visit .The Nipissing Developmental Screen identified 12 % of those seen for their 18 month visit with potential developmental concerns. The data was too sparse to accurately report on the Nipissing screening scores at the 36 month visit. A post-visit parent evaluation shows that parent satisfaction is very high.	Pat Jarvis: <i>pjarvis@pdhu.on.ca</i>
50	Breast Feeding on line course	Simcoe Muskoka District Health Unit	The Healthy Mothers, Healthy Babies Breastfeeding Web Course supports community partners (other than health professionals) in increasing their ability to support new mothers who are breastfeeding and those at risk of not breastfeeding. It is formatted in segments that focus on elements of successful support, including understanding the benefits of breastfeeding, use of positive language about breastfeeding and supports available in the community, and concludes with a self assessment of knowledge gained. This on-line support was originally developed as a Early Child Development project, with funding announced in the fall of 2001, and has now been taken on by Health Nexus – Best Start Resource Centre which will continue to make this course available.	Peggy Govers: <i>peggy.govers@smdhu.org</i>

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51	Multicultural Prenatal Health Fair	Waterloo Health Unit	Attendance at the Region of Waterloo Public Health's prenatal health fairs held for a number of years did not reflect the multicultural demographics of our community. In partnership with local agencies who service the multicultural population and other agencies who provide prenatal services in Waterloo Region, a fair was held in Sept. 2008. It was attended by 159 people from a variety of cultures and languages. A workshop and resources were developed and translated into Arabic, Mandarin and Spanish, and language volunteers were on hand to assist with interpretation.	Sue Morris: <i>msue@region.waterloo.on.ca</i>
52	Low German Speaking Community Initiatives	Wellington-Dufferin-Guelph Health Unit	We provide service to the Low German Speaking community in a number of ways, including through a collaborative program, through the home visiting program, and by leading the initiative to build community capacity. The Newcomer's Program is a collaborative program coordinated by a public health nurse, which provides ESL training, children's programming for early child development, health teaching and screening, immunization, vision screening and preventative dental services for children, as well as connection with local community agencies that assist with immigration and other logistical issues. The HBHC home visiting program provides family visiting, using the services of an interpreter. The Low German Speaking Community Service Providers is also a community capacity building initiative, jointly planned by Wellington-Dufferin-Guelph Public Health and Family and Children's Services. The last session was attended by 30 community providers, including representatives of the police, the County of Wellington, Mennonite Central Committee, Community Resource Centre, and Community Mental Health.	Dawn Mokvanwyck: <i>dawna.monkvanwyck@wdghu.org</i>
53	Growing Great Kids System of Care	Wellington-Dufferin-Guelph Health Unit	Growing Great Kids System of Care is an integrated system of community services for families with children aged 0-6 years who have, or are at risk for, growth and developmental concerns. This system includes a centralized access point, integrated intake and assessment and an interprofessional service delivery model that holds the family as the centre of care. In this model of care delivery, families receive the right service at the right time by the right provider.	Rita Sethi: <i>rita.sethi@wdghu.org</i>

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54	Client Satisfaction Survey – Healthy Babies Healthy Children Program	York Regional Health Unit	To ensure ongoing quality of the Healthy Babies, Healthy Children (HBHC) program at York Region, a client satisfaction survey has been developed to obtain client feedback. Surveys are available in English, Chinese and Tamil so clients have equal access to the process for providing feedback regardless of the language they speak. Languages available are based on staff reports of common languages spoken amongst clients within the HBHC program. Additional languages may be available in the near future.	Rina Lamba: <i>rina.lamba@york.ca</i>
Theme: Children/Youth				
55	Youth Engagement Strategy	Grey Bruce Health Unit	The Youth Engagement Strategy provides youth with work, co-op, and volunteer experience in the public health unit. The initiative supports leadership development and civic engagement through the establishment of local youth driven coalitions that promote asset-building and youth-friendly communities.	Denna Leach: <i>d.leach@publichealthgreybruce.on.ca</i>
56	Our Kids Network	Halton Regional Health Unit	Our Kids Network represents Halton’s commitment to the healthy development and well being of all children in our community from the prenatal period to adolescence. Several themes, grounded in research, steer our work towards ensuring “all children thrive”. The themes are: integration, family, school and neighbourhood connectedness. Research and evaluation drives the activities of the Our Kids Network. On a three year cycle, the network conducts three surveillance activities: the Early Development Instrument for all children in senior kindergarten; the Kindergarten Parent Survey – a multi-issue survey to the parents of children in senior kindergarten; and the Halton Youth Survey – a multi-issue survey to youth in grades 7 and 9. Protocol partners and funding contributors include Halton’s Health Department, Social and Community Services Department and Police Services, Halton District School Board, Halton Catholic School Board, Halton Children’s Aid Society, Reach Out Centre for Kids (Halton’s children’s mental health provider; and Transition for Youth {youth justice}).	Joyce See: <i>Joyce.See@halton.ca</i>

#	Title	Public Health Unit	Description	Contact Information
57	Every Kid in Our Communities	Leeds, Grenville and Lanark District Health Unit	Every Kid in Our Communities is a public agenda for action that will result in measurable social change to ensure the best life chances for children and youth. It is a community-wide investment in ensuring healthy starts, reducing risk while strengthening resiliency, and mobilizing the Counties of Leeds and Grenville regarding the well being of children and families both today and in generations to come. Through asset building, we're working for permanent, long-term change in the well-being of all of our communities' children and youth. The Every Kid campaign began with the recognition that more focus was needed on child development at the system level to identify and address the best practices for nurturing and supporting the development of our children and youth. The Leeds, Grenville and Lanark District Health Unit works within this community partnership to achieve positive outcomes for children and youth because it recognizes that no single agency, group or government department can achieve this alone, and that success requires a generation of highly collaborative work.	Jane Hess: <i>jane.hess@healthunit.org</i>
58	Be a Great Parent	Niagara Regional Area Health Unit	Be a Great Parent is a positive parenting campaign designed to increase awareness of the importance of establishing effective communication patterns, providing guidance and developing supportive relationships between parents and children from birth to 18 years of age.	Anne Biscaro: <i>anne.biscaro@niagararegion.ca</i>
59	Have Fun Be Safe Website	Northwestern Health Unit	An interactive website specifically designed to target youth in our region provides information about sexual health, healthy relationships, birth control options, sexually transmitted infections and the services provided in these areas by our health unit.	Mark Perrault: <i>mperrault@nwhu.on.ca</i>

#	Title	Public Health Unit	Description	Contact Information
60	Measuring Healthy Weights in Children	Porcupine Health Unit	To determine the magnitude of the issue of childhood obesity, the Porcupine Health Unit has conducted surveillance measures of children. In 2005, the heights and weights of a sample of children in Grades 1-12 were collected by public health dietitians. This has continued with Grade 6 children in selected communities within the area. A nutrition and physical activity web-based survey of Grade 6 children was conducted in conjunction with the University of Waterloo providing information on factors that promote or protect against obesity. The results were shared with each school, the school board, in professional workshops, and at a public forum featuring Dr. Maggie Mamen on the Pampered Child Syndrome.	Betty-Ann Horbul: <i>Betty-Ann.Horbul@porcupinehu.on.ca</i>
61	Children, Youth and Family Services Coalition of Simcoe County	Simcoe Muskoka District Health Unit	The Child, Youth and Family Services Coalition of Simcoe County is a countywide alliance of organizations providing services to children, youth and their families in Simcoe County. Formed in 1999, the coalition evolved from a commitment by children's service providers to find ways to establish a streamlined, unified planning process that would lead to improved outcomes for children. This vision quickly expanded into a strategic, collaborative and integrated planning infrastructure allowing members to work both together and independently to meet our shared vision. Work began on action plans after the official launch of the coalition in September 2003. The mission is to maximize the capacity, effectiveness and cultural uniqueness of child, youth and family services through collective efforts. For more information visit: www.simcoecountycoalition.ca	Carolyn Shoreman: <i>carolyn.shoreman@smdhu.org</i>
62	Review of Content Messaging to Families	Waterloo Health Unit	Using principles of social marketing, adult education and evidence informed practice based on families' feedback, a consultation process has begun to look at methods of providing information to families at different points of contact. As part of the knowledge exchange with the public the Child Health program has redesigned its website content to provide useful, readable and accurate information on OPHS topics organized by age and stage.	Deborah Azim Flemming: <i>adeborah@region.waterloo.on.ca</i>

#	Title	Public Health Unit	Description	Contact Information
Theme: Teen Sexual Health				
63	Health Initiatives for Youth (hify)	City of Hamilton Health Unit	Hamilton Public Health Services partners with hify to provide sexual health services in the urban core to teens and young adults. Hify provides low cost birth control, pregnancy testing, testing and free treatment for sexually transmitted infections and free condoms.	Fiona Newton Brown: <i>Fiona.Newton-Brown@hamilton.ca</i>
64	HIV Expo	Middlesex-London Health Unit	The HIV Expo is an annual event hosted by a proactive partnership between the public health unit, the AIDS Committee of London, the Thames Valley District School Board, and other community partners, targeted at high school students from across London-Middlesex. This large event consists of speakers and interactive displays in topics ranging from healthy relationships to global events and implications. The event is designed to enhance knowledge and engage youth.	Rhonda Brittan: <i>Rhonda.Brittan@mlhu.on.ca</i>
65	HPV Vaccination Promotion	Middlesex-London Health Unit	To promote the new HPV vaccination program to grade 8 girls, a comprehensive promotional campaign was developed that targeted the students, their parents, and their teachers. The campaign involved a presentation, email and newsletter to health care providers, a media release, a DVD for teachers to show to the grade 8 classes, and community presentations for students, parents and the public.	Tracey Gordon: <i>Tracey.Gordon@mlhu.on.ca</i>
66 and 124	Don't Wake Up With More Than A Hangover	Niagara Regional Area Health Unit	This cross-divisional campaign involving both the Sexual Health and Substance Misuse Prevention programs targets post-secondary students, and provides education on risks associated with binge drinking and risky sexual behaviours.	Marilyn St. John: <i>marilyn.stjohn@niagararegion.ca</i>

#	Title	Public Health Unit	Description	Contact Information
67 and 100	School for Young Moms	Peterborough County-City Health Unit	One of the Health Unit's public health nurses was approached by an expectant teen and a young mother who had both been unable to complete their education because of pregnancy and a lack of child care. The nurse undertook community development with a goal of providing a service for young pregnant women and young women with newborns where they could complete their secondary school education. Partnerships were developed with the Board of Education, the Ontario Early Years Centre, the City of Peterborough, and a local church, establishing an alternative school for these young women where their children could be cared for on-site. Parenting education and social work support were also provided.	Ann Bell: <i>abell@pcchu.ca</i>
68 and 130	Sexual Health/Harm Reduction	Sudbury and District Health Unit	Through partnerships with community agencies, the Sudbury & District Health Unit has shifted delivery of sexual health and harm reduction services from a centralized site to both high schools and the downtown core. Preliminary evaluation data indicate that more members of the priority populations of youth and people who are homeless or street-involved are accessing public health services.	Stephanie Vendetti: <i>vendettis@sdhu.com</i>
69	Secondary School Clinics	Wellington-Dufferin-Guelph Health Unit	Youth Adult Clinical Services staff provide comprehensive sexual health clinical services at public secondary schools across the health unit area. In addition to clinic services, the nurses address key youth issues such as suicide, healthy eating, healthy relationships, and injury and substance abuse prevention. These issues are addressed both in the classrooms and through health promotion campaigns. In addition, nurses work closely with community partners including social workers, addiction counsellors and police who also provide services onsite at each school.	Rosalyn Larochelle: <i>rosalyn.larochelle@wdghu.org</i>
70	STI Clinic	Wellington-Dufferin-Guelph Health Unit	Through the Masai Clinic, Youth Adult Clinical Services staff provides onsite anonymous testing and comprehensive STI counselling. This clinic is a community-based outpatient clinic offering care and treatment for those living with HIV/AIDS in Wellington-Dufferin, Grey-Bruce and Waterloo regions.	Rosalyn Larocelle: <i>rosalyn.larochelle@wdghu.org</i>

#	Title	Public Health Unit	Description	Contact Information
Theme: Women's Health				
71 and 43	On-line Prenatal Strategy	Durham Regional Health Unit	As part of a comprehensive education strategy, the development of a "virtual classroom" with online modules related to prenatal education will give pregnant women and their partners the opportunity to access reliable and accurate health information as needed, from the comfort of their home	Jessica Ackerman: <i>Jessica.Ackerman@durham.ca</i>
72	Cervical Screening	Durham Regional Health Unit	The Durham Region Health Department has been working with 8 community agencies and 5 food banks to develop and implement a communication plan using simple low literacy messages, to encourage women to participate in cervical cancer screening.	Joanne Bradley: <i>Joanne.Bradley@durham.ca</i>
73	Nurse Family Partnership	City of Hamilton Health Unit	This intensive home visitation program exclusively focuses on low-income, first-time pregnant women before their 29th week of gestation. The preventive aims of the program are most likely to benefit women of limited economic means who have not yet developed established ways of caring for themselves during pregnancy and for their children once they are born. The Nurse-Family Partnership (NFP) is specifically a nurse-delivered intervention where an evidence-based structured program is adapted to individual needs. It is based on the development of a therapeutic relationship between the nurse and the client where client strengths, aspirations and achievements are highlighted. The focus is on behavioural change through motivational interviewing and self efficacy. Hamilton is the first Canadian site to pilot the NFP.	Debbie Sheehan: <i>Debbie.Sheehan@hamilton.ca</i>

#	Title	Public Health Unit	Description	Contact Information
74 and 27	Women's Health Educators	City of Hamilton Health Unit	The City of Hamilton Women's Health Educators help multi-cultural women learn how to stay healthy and access health care services. Three Women's Health Educators from the Chinese, South Asian and Arabic communities, trained by public health nurses, provide free education sessions on cancer screening tests, physical activity and healthy eating. Education is coupled with accompaniment to cancer screening appointments for language and cultural support to overcome barriers. The success of this program includes: increased uptake of immigrant women obtaining cancer screening tests, increased access to other City of Hamilton Public Health Services, and increased partnerships with community agencies. This unique program has been recognized as a Best Practice Intervention from the Canadian Best Practices Portal for Health Promotion and Chronic Disease Prevention – Public Health Agency of Canada.	Tricia Hack: <i>Tricia.Hack@hamilton.ca</i>
75	Be A Breast Friend Hair Salon Project	City of Hamilton Health Unit	The "Be a Breast Friend Salon Project" is a creative health promotion project that promotes regular screening for breast cancer to women through their hair stylists. The project is collaboration between 5 public health units (Brant, Halton, Haldimand/Norfolk, Hamilton, and Niagara), the Canadian Cancer Society, the Ontario Breast Cancer Screening Program and local hair stylists. Hair stylists, who often play the role of confidante with their clients, are educated on the importance of regular breast screening and become a conduit for sharing this important message with their clients. The goal of the "Be a Breast Friend Salon Project" is to increase the number of women being screened for breast cancer. This project is funded by the Canadian Breast Cancer Foundation – Ontario Region.	Faye Parascandalo: <i>Faye.Parascandalo@hamilton.ca</i>
76	Motivational Interviewing for Smoking Cessation	City of Hamilton Health Unit	Data indicated a high rate of pregnant smokers for the City of Hamilton in comparison to regional or provincial data. All staff have now been trained in motivational interviewing techniques to assist in moving clients towards readiness for behavioural change. Public Health Services operates a smoking cessation clinic so staff can support pregnant smokers.	Jan Johnston: <i>Jan.Johnston@hamilton.ca</i>

#	Title	Public Health Unit	Description	Contact Information
77	Cervical Screening Database	Kingston, Frontenac and Lennox and Addington Health Unit	In Southeastern Ontario, three local public health agencies (Hastings and Prince Edward Counties Health Unit, Kingston, Frontenac and Lennox & Addington Public Health, and Leeds, Grenville and Lanark District Health Unit) collaborated to develop a comprehensive database for cervical screening clinics, with the long-term goal of providing regional data drawn from a standardized, integrative cervical screening database. In consultation with all three local public health agencies, a new patient intake sheet was devised to collect relevant demographic, medical history, and Pap test information. The database will provide local and regional Pap screening data, and will help to identify gaps in and barriers to screening. These data can then be used to develop and implement strategies for increased recruitment to reduce incidence and mortality from cervical cancer further in Southeastern Ontario.	Kimberley Shaw: <i>kshaw@kflapublichealth.ca</i>
78	Cervical Screening Clinic	Kingston, Frontenac and Lennox and Addington Health Unit	Since 2002, KFL&A Public Health has provided cervical screening clinics for women who face barriers to screening. These clinics have been provided in collaboration with several area Community Health Centres, the Regional Cancer Program, and Cancer Care Ontario. The clinics have been highly successful, with close to 600 women being seen over the past four years in an environment designed to make patients comfortable.	Kimberley Shaw: <i>kshaw@kflapublichealth.ca</i>
79	Be a Breast Friend	Niagara Regional Area Health Unit	Be a Breast Friend is a joint project among other health units to raise awareness on importance of regular breast screening. Hair salons were encouraged and welcomed to participate by learning 4 key messages to pass on to clients.	Anne Biscaro: <i>anne.biscaro@niagararegion.ca</i>
80 and 48	Prenatal/ Child Health Programming	Oxford County Health Unit	Planned activities in a Pre-existing Postpartum Depression (PPD) awareness and training project in Oxford County were strongly supported during the Early Child Development (ECD) planning process. A comprehensive approach to PPD programming was realized over the course of the ECD initiatives and the short term PPD objectives were achieved. Awareness activities have been assimilated into the Reproductive Health program, such as Prenatal Health Fairs, Child Health – Let's Grow Programs and other health unit awareness material distribution activities.	Susan MacIsaac: <i>smacisaac@ocl.net</i>

#	Title	Public Health Unit	Description	Contact Information
81	Pre-birth Clinic	Porcupine Health Unit	The Timmins and District Hospital Pre-birth Clinic is the result of the collaboration between the Timmins and District Hospital and the Porcupine Health Unit to assist pregnant women who will deliver at this hospital to prepare for the upcoming birth of their baby. The Pre-birth Clinic is staffed by one hospital nurse and one health unit nurse who work together to: collect information that will help guide hospital care; assess the needs and risk factors of each client and her family; link the client and her family with appropriate community services as early as possible in the pregnancy; provide information on preterm labour, hospital routines and procedures, labour and delivery and infant feeding.	Susan Yuskow: <i>Sue.Yuskow@porcupinehu.on.ca</i>
82 and 34	Georgina Women's Health Initiative	York Regional Health Unit	York Region Public Health collaborated with a Nurse Practitioner in the Town of Georgina to plan, develop, implement and evaluate a Georgina Women's Health Initiative that promoted screening and early detection of cancer among Aboriginal women. This work is built on previous work to promote screening with at-risk women in Georgina through the Georgina Medical Clinic.	Marg McGibbon: <i>marg.mcgibbon@york.ca</i>
Theme: Healthy Eating/Active Living				
83	Heart Disease is Job 1	Chatham-Kent Health Unit	The results of the Chatham-Kent Public Health Unit 2007 Heart Health Survey indicated that Chatham-Kent required a cultural shift to help deal with the very high rate of heart disease in the community. It was evident that a coordinated approach was required, and with support from the Board of Health, Medical Officer of Health, and Municipal Council, heart disease was declared Job #1 for Chatham-Kent Public Health. The initiative has three goals: 1) To develop and implement the "Eat Better & Move More, Chatham-Kent" community project, a healthy living program for all residents and employees of Chatham-Kent; 2) To ensure coordination of community partners in working toward reducing the incidence of cardiovascular disease in Chatham-Kent; 3) To enhance programs and services currently being delivered under the Ontario Public Health Standards and the Ontario Heart Health Strategy.	Cathy Bennett: <i>cathybe@chatham-kent.ca</i>

#	Title	Public Health Unit	Description	Contact Information
84	Energize Program	The Eastern Ontario Health Unit	The Energize Program, which is aimed at reducing childhood obesity, is an example of a community partnership that includes schools, school boards, city and recreation officials as well as other agencies working together at a local level to address active and healthy living among our children. We also conducted the only anthropometric study of students in Ontario as part of this initiative.	Louise Simmons: <i>lsimmons@eohu.ca</i>
85	Norfolk Pathways for People	Haldimand-Norfolk Health Unit	Norfolk Pathways for People is a combination of representatives from local trail associations, community volunteers and health unit health promoters, working together to build a community that supports walking and cycling as a mode of transportation. The committee advocates for improving the conditions of trails and pathways in our county, and seeks to support and collaborate with Norfolk County in the development of policies that result in safer, more walkable communities. Pathways for People also promote the safe use of local trails in Norfolk County.	Jill Steen: <i>jill.steen@hnhu.org</i>
86	Taking Action on Healthy Weights	Halton Regional Health Unit	The Health Department began work on a community planning process to address healthy weights in children and youth in Halton. A community consultation and priority setting process was undertaken with 93 community partners/stakeholders, parents, youth, food industry, planners, workplaces, transportation and physicians which identified 3 priority areas for action: the development of walkable and bikeable communities, increasing the availability of healthy food choices in the community and ensuring community coordination of the Healthy Weights: Halton Takes Action initiative. Work will continue with community partners to implement best practices to address the community priorities. The initiative is also the subject of research funded through CIHR and administered by Memorial University in Nova Scotia.	Helen Ross: <i>Helen.Ross@halton.ca</i>

#	Title	Public Health Unit	Description	Contact Information
87	Health Eating Advisory Team (HEAT) Program	City of Hamilton Health Unit	<p>The Health Eating Advisory Team (HEAT) program works in high schools to create healthy school nutrition environments. Teens volunteer for HEAT and become engaged partners in the quest to create a learning environment where healthy foods are promoted. HEAT generates ideas and then takes action to support changes to the school environment within a partnership of students, teaching staff, school administration, cafeteria staff and public health staff. HEAT programming has been requested in the majority of local high schools, and the program empowers youth to take action for healthy changes. A variety of campaigns for new food items, healthier vending options, taste trials, nutrition education and nutrient promotion have taken place in HEAT school communities. The HEAT program aligns with the provincial Eat Smart! School Cafeteria program supported by the Ontario Ministry of Health Promotion.</p>	<p>Lesia Hucal: <i>Lesia.Hucal@hamilton.ca</i></p>
88	Feel the Power Feel Fit Girls	City of Hamilton Health Unit	<p>Feel the Power Feel Fit Girls (FTPFPG) is a physical activity program that encourages teen girls to become more active in a friendly non-competitive, girls-only environment. Youth are involved as advisors and workgroup members in planning these opportunities. School boards (teachers & school administrators) are key partners in the sustainability and on-going operating of the programs. Some schools have expanded their female physical education courses to mirror the program. In others, barriers have been eliminated to afford girls greater access to physical activity resources with the school (e.g. girls-only weight-room access). Through Healthy Living Hamilton, this program has been evaluated, and demonstrates potential to be a promising practice. There has been interest in the program outside of Hamilton as well as in different venues within the City of Hamilton.</p>	<p>Kelly Scott: <i>Kelly.Scott@hamilton.ca</i></p>

#	Title	Public Health Unit	Description	Contact Information
89	The Way We Eat – Spectator Family Makeover	City of Hamilton Health Unit	Public health nutritionists from the Chronic Disease Prevention Teams worked with the Spectator newspaper and other professionals, beyond Hamilton Public Health Services, to guide families through a three month nutrition makeover. The initiative was featured in a 12 weeks series in the newspaper with additional information on the Spectator website. The Way We Eat was jointly presented at the Chronic Disease Prevention Alliance of Canada conference in November 2008, by Hamilton Public Health Services and the Spectator.	Pat Elliott-Moyer: <i>Pat.Elliott-Moyer@hamilton.ca</i> or Suzanne Neumann: <i>Suzanne.Neumann@hamilton.ca</i>
90 and 22	Hamilton Walks	City of Hamilton Health Unit	Hamilton Walks supports and advocates walking to improve health, quality of life, and community safety by: <ul style="list-style-type: none"> • ensuring health and safety messages and issues are identified in the Hamilton Transportation Master Plan and Metrolinx • promoting safe walking for recreation (e.g., walking groups), short trips (e.g., errands) and active transportation (e.g., walk to school and commuting to work) • supporting and promoting walkable neighbourhoods (e.g., request for speed watch) 	Linda Godin: <i>Linda.Godin@hamilton.ca</i>
91	Let's Get Moving	City of Hamilton Health Unit	Let's Get Moving is an after-school physical activity program for children in elementary school. It is a partnership between Kawanis Boys and Girls Club, Recreation, School Boards and Public Health which is funded by the United Way. Let's Get Moving provides accessible physical activity opportunities free of charge to children in their own school. The program aims to reduce barriers children face to physical activity in order to get them more active.	Alison Bochsler: <i>Alison.Bochsler@hamilton.ca</i>
92	Woman Alive	City of Ottawa Health Unit	Women Alive/Femme active is a physical activity/health education program delivered by Ottawa Public Health and Parks and Recreation that is targeted to low income women. Barriers such as child care and transportation are addressed; social support activities are included. In 2007, 71% of participants reported improvements to their health including weight loss, mood improvement, and improved mobility.	Nathalie McKenna: <i>Nathalie.McKenna@ottawa.ca</i>

#	Title	Public Health Unit	Description	Contact Information
93	Adventures in Cooking	Thunder Bay District Health Unit	Adventures in Cooking for Kids 8-12. This Program builds the capacity of organizations working with children and youth at risk for diabetes in Northwestern Ontario (i.e. living on a limited income, Aboriginal) to provide after school cooking programs for kids. The 5 week program is hands on, uses inexpensive, locally accessible foods with an emphasis on fun, healthy eating and food safety.	Janice Piper: <i>janice.piper@tdhu.com</i>
94	Partners for Student Nutrition	City of Toronto Health Unit	The Toronto Partners for Student Nutrition (TPSN) is a community-based partnership of representatives from Toronto Public Health, the Toronto District School Board, the Toronto Catholic District School Board, the Toronto Foundation for Student Success, the Angel Foundation for Learning, FoodShare and the community. The TPSN Steering Committee oversees municipal and provincial funding grants for student nutrition programs in Toronto. Partner staff work with local schools and communities to provide collaborative program support, reaching over 90,000 children and youth. Examples of supports provided by partner staff include community mobilization, in-kind use of space and resources, education and training, administration, consultation, and more.	Judi Wilkie: <i>jwikie@toronto.ca</i>
95	Peer Nutrition Program	City of Toronto Health Unit	This unique program provides culturally-specific individual and group nutrition education to families with children between the ages of 6 months and 6 years. Service is available to families in more than 45 different languages through partnerships with community agencies and settlement services.	Sue Makin: <i>smakin@toronto.ca</i>

#	Title	Public Health Unit	Description	Contact Information
96	InMotion	Wellington-Dufferin-Guelph Health Unit	InMotion is a health promotion strategy that mobilizes communities to increase physical activity. It has been built on a collaborative partnership that effectively utilizes community resources, staff/volunteer time and financial commitment to implement community-wide strategies to increase physical activity rates among specific target groups. Numerous community partners are involved in this strategy including (but not limited to): University of Guelph; YM/YWCA; City of Guelph; Municipality of Centre Wellington; Municipality of Wellington North; Municipality of Minto/Mapleton; Municipality of Dufferin Heart and Stroke Foundation; County of Wellington; Ministry of Health Promotion.	Karen Armstrong: <i>karen.armstrong@wdghu.org</i>
Theme: Vulnerable Populations				
97	Outreach to Serve Low German Speaking Population	Elgin-St. Thomas Health Unit	One of Elgin St. Thomas Public Health's priority populations (at least 15% of our total population) is the Low German speaking population from Mexico. Some of our outreach strategies in meeting the needs of this population include: hiring Low German speaking staff, sponsoring a family night of education, oral health screening and immunization in partnership with Oxford and Haldimand-Norfolk health units, bus trips to the Ontario Breast Screening Program, use of the local Low German speaking radio station for education and promotions, providing education for women participating in a local Canada Prenatal Nutrition Program and Family Education Support Services, and regular networking with other service providers that work with this population.	Carolyn Kuntz: <i>ckuntz@elginhealth.on.ca</i>
98	Wellness Clinic for Amish Community	Oxford County Health Unit	In 2006, a pilot project was initiated to provide public health programming on a regular basis (5 times per year) at a community clinic setting for the Lakeside Amish community. The Wellness Clinic services were evaluated after one year with positive feedback received from the participating families. Recommendations for consideration included maintaining both the clinic and newsletter activities and a request for the addition of nurse practitioner services.	Susan Mac Isaac: <i>smacisaac@ocl.net</i>

#	Title	Public Health Unit	Description	Contact Information
99	Addressing Social Determinants of Health	Peterborough County-City Health Unit	Peterborough County-City Health Unit has taken an active role in addressing the social determinants of health for more than 5 years. This role has evolved beyond providing targeted health unit programs and reducing barriers to participation, to more active and innovative involvement in addressing specific determinants such as poverty, access to food, health services, dental care, and education for teenage mothers. Strategies have included community-wide education, advocacy and participation in community partnerships and poverty reduction initiatives. Implementation has been supported through training and capacity-building of health unit staff, the creation of a health unit-wide Social Determinants of Health Committee, and the allocation of a full-time health promoter to a Poverty and Health program. The Mayor of Peterborough organized an Anti-Poverty Taskforce that the health unit helped to facilitate, which has now become the Peterborough Poverty Reduction Project. The MOH chairs the Food and Nutrition Working Group.	Maureen McKeen: <i>mmckeen@pcchu.ca</i>
100 and 67	School for Young Moms	Peterborough County-City Health Unit	One of the Health Unit's public health nurses was approached by an expectant teen and a young mother who had both been unable to complete their education because of pregnancy and a lack of child care. The nurse undertook community development with a goal of providing a service for young pregnant women and young women with newborns where they could complete their secondary school education. Partnerships were developed with the Board of Education, the Ontario Early Years Centre, the City of Peterborough, and a local church, establishing an alternative school for these young women where their children could be cared for on-site. Parenting education and social work support were also provided.	Ann Bell: <i>abell@pcchu.ca</i>

#	Title	Public Health Unit	Description	Contact Information
101 and 108	Clinic for the Uninsured	City of Toronto Health Unit	The Clinic for the Uninsured in Scarborough was established in 2000 as a result of an identified gap in access to health care services for marginalized populations in the Scarborough area. The clinic is a partnership of volunteer medical and dental professionals as well as community service agencies including Toronto Public Health, the Scarborough hospitals, Community Care Access Centre, midwifery care and settlement agencies. The clinic provides free health care to people who are not able to access the health system including new immigrants, refugee claimants, people awaiting landed status, the homeless and others who may have lost their health card. The coordinated access to health and social services provided by the clinic has reduced barriers and optimized the well-being of this vulnerable population in Toronto.	Liz Janzen: <i>ljanzen@toronto.ca</i>
102	Investing In Families Program	City of Toronto Health Unit	This program is a demonstration partnership project between Toronto Public Health, Social Services, and Parks Forestry and Recreation to provide wrap-around services to single women-led at-risk families with children age 6 to 17 years in one of the city's priority neighbourhoods.	Sue Makin: <i>smakin@toronto.ca</i>
103	Extended Hours	Timiskaming Health Unit	The health unit offers services in all three main offices once a week after hours, from 4:30 to 8:00 pm. This is done to accommodate working people who require services and those who require long travel times to reach the office. Since geography and poor economics impact people's ability to obtain services, the south office also has lunch hour openings. In addition, bus tokens are provided for some of our services and extensive outreach is done via the Best Start sites. Immunizations are provided in the school for all school aged children and there are community clinics throughout the district that also provide influenza immunizations in the smaller communities.	Esther Millar: <i>millare@timiskaminghu.com</i>

#	Title	Public Health Unit	Description	Contact Information
Theme: Food Security				
104	DineSafe Durham	Durham Regional Health Unit	In March 2009, the Durham Region Health Department introduced a new Food Safety Inspection Disclosure Program called DineSafe Durham. All food establishments operating in Durham Region will be required to participate in accordance with the region's food safety disclosure by-law. Phase 1 of the program is the posting of a green (Pass), yellow (Conditional Pass), or red (Closed) sign at the entrance, following each inspection. The program is intended to increase compliance with legislation, improve food safety, reduce the risk of food-borne illness, increase the transparency of inspections, improve the public's accessibility to information, and increase public confidence in the food inspection process and the food industry.	Laura Gertsen: <i>Laura.Gertsen@durham.ca</i> or Ken Gorman: <i>Ken.Gorman@durham.ca</i>
105	Community Food Security Stakeholder Committee	City of Hamilton Health Unit	In 2008, an advisory group to the Board of Health was established to address community food security for the City of Hamilton. The committee's mandate is to develop policies and action plans that will move Hamilton towards being a place where all community residents can obtain a safe, culturally acceptable, nutritionally adequate diet through a sustainable food system that maximizes self-reliance and social justice. This committee is a unique partnership among community stakeholders (representing agriculture, environment, emergency food service and social service providers, food industry and researchers), city councillors and staff.	Vicki Edwards: <i>Vicki.Edwards@hamilton.ca</i>
Theme: Homelessness				
106	Street Clinic	City of Hamilton Health Unit	Hamilton Public Health Services staff provides services to the homeless at the Street Clinic that is associated with the Wesley Drop In Centre. Services include: anonymous HIV testing, hepatitis A and B vaccinations, and screening for sexually transmitted infections including hepatitis B and C, and syphilis.	Linda Blake-Evans: <i>Linda.Blake-Evans@hamilton.ca</i>
107 and 141	Pneumococcal Vaccine Blitz in Homeless Population	Niagara Regional Area Health Unit	In collaboration with various stakeholders, the VPD program held clinics in various hostels, shelters, and out of the cold sites to provide immunizations against pneumococcal disease to this priority population.	Marilyn St. John: <i>marilyn.stjohn@niagararegion.ca</i>

#	Title	Public Health Unit	Description	Contact Information
108 and 101	Clinic for the Uninsured	City of Toronto Health Unit	The Clinic for the Uninsured in Scarborough was established in 2000 as a result of an identified gap in access to health care services for marginalized populations in the Scarborough area. The clinic is a partnership of volunteer medical and dental professionals as well as community service agencies including Toronto Public Health, the Scarborough hospitals, Community Care Access Centre, midwifery care and settlement agencies. The clinic provides free health care to people who are not able to access the health system including new immigrants, refugee claimants, people awaiting landed status, the homeless and others who may have lost their health card. The coordinated access to health and social services provided by the clinic has reduced barriers and optimized the well-being of this vulnerable population in Toronto.	Liz Janzen: <i>ljanzen@toronto.ca</i>
109	TB Program Serving Homeless and Under-Housed Clients	City of Toronto Health Unit	The TB Program has a team of staff dedicated to working with homeless and under housed clients in Toronto. The team's goal is early identification and effective management of TB to reduce the transmission of respiratory TB among persons who use or work in shelters and drop-in centres serving this population. The program includes four components: 1) case management, 2) contact tracing and follow-up, 3) advocacy, education and health promotion to homeless clients and the staff who work with them, and 4) active case finding clinics in high risk sites. The TB program also has a storefront location called the TB Stop which provides an accessible location for clients for assessment, counselling and when appropriate, to receive their directly observed therapy. This team also provides liaison in the correctional facilities in Toronto.	Marnie Kraguljac: <i>mkragul@toronto.ca</i>

#	Title	Public Health Unit	Description	Contact Information
Theme: Tuberculosis				
110	TB Clinic Collaboration	City of Hamilton Health Unit	The goal of the TB Control program is to reduce the incidence of tuberculosis. To assist with meeting this goal, public health nurses from the City of Hamilton's TB Control program work collaboratively with colleagues at the TB Clinic, a facility operated by the Firestone Institute for Respiratory Health – St. Joseph's Healthcare Hamilton. Clients with both latent and active TB are seen by a variety of health practitioners and social service workers to prevent, diagnose and treat tuberculosis.	Marcia Matthews: <i>Marcia.Matthews@hamilton.ca</i>
111 and 16	Hospital Based TB Clinics	Middlesex-London Health Unit	This case study concerns the feasibility of establishing a TB Clinic at an acute care location. The Health Unit is proposing that these clinics be staffed by a combination of public health nurses and hospital-based infectious disease physicians and respirologists. These clinics would provide an organized locus of care; this would support quality and consistency of follow up care for residents of London and Middlesex with active and latent TB.	Cathie Walker: <i>Cathie.Walker@mlhu.on.ca</i>
112	TB Database	Middlesex-London Health Unit	The TB Database provides a tracking mechanism to assist in the care of clients with active and latent TB as well as those being monitored for purposes of immigration surveillance. The database provides staff with the ability to enter client data, generate physician letters and schedule follow-up interviews and clinic-based care. Reports can be produced that expedite accurate data entry into iPHIS.	Cathie Walker: <i>Cathie.Walker@mlhu.on.ca</i>

#	Title	Public Health Unit	Description	Contact Information
113	TB Program Outreach to Homeless and Under-Housed Clients	City of Toronto Health Unit	The TB Program has a team of staff dedicated to working with homeless and under housed clients in Toronto. The goal of this team is early identification and effective management of TB to reduce the transmission of respiratory TB among persons who use or work in shelters and drop-in centres serving this population. The program includes four components: case management, contact tracing and follow-up, advocacy, education and health promotion to homeless clients and the staff who work with them along with active case finding clinics in high risk sites. The TB program also has a storefront location called the TB Stop which provides an accessible location for clients to come to for assessment, counselling and when appropriate to receive their directly observed therapy. This team also provides liaison in the correctional facilities in Toronto.	Marnie Kraguljac: <i>mkragul@toronto.ca</i>
114 and 6	Tuberculosis Control Program	Waterloo Health Unit	The Region of Waterloo Public Health Tuberculosis Control Program has established an excellent link with local respiratory specialists. The physicians, on a rotating basis, staff the Public Health TB clinic. This close partnership provides excellent management and prompt assessment of all active and suspected TB cases as well as quick access to the local health care system should further investigations be necessary.	Naideen Bailey: <i>bnaideen@region.waterloo.on.ca</i>
Theme: Mental Health				
115	Mental Health Liaison Program	Halton Regional Health Unit	Halton's mental health liaison program offers mental health promotion, prevention and early intervention services to children and youth in Halton elementary and secondary schools. By working in the school setting, staff are able to address mental health issues and improve access to these important services for children in grades 6 through 12 and their families.	Michele Singleton: <i>Michele.Singleton@halton.ca</i>

#	Title	Public Health Unit	Description	Contact Information
116	Mental Health/Outreach Team	City of Hamilton Health Unit	The Mental Health/Outreach Team (MHOT) in the Family Health Division of Hamilton Public Health Services was designed using a capacity building framework that is multidisciplinary and multi-agency, with multi-ministry funding. Using this framework, several team members are employed under a collaborative service agreement between the Mental Health/Outreach Team and a local grassroots agency. Each worker brings to the team his or her own skill set, along with the culture of their grassroots agency, rendering it extremely effective at addressing the multidimensional and complex needs of clients.	Debbie Sheehan: <i>Debbie.Sheehan@hamilton.ca</i>
117	Tobacco Management for Clients with Serious Mental Illnesses	York Regional Health Unit	York Region Public Health developed an innovative community of practice network with various community mental health agencies (Canadian Mental Health Association, York Support Services Network, Crosslinks) to provide tobacco cessation programming to clients with serious mental illnesses. Staff are trained in Brief Contact Intervention and policy development as well as exploring cessation strategies.	Marg McGibbon: <i>marg.mcgibbon@york.ca</i>
Theme: Harm Reduction				
118	Halton Suicide Prevention Coalition	Halton Regional Health Unit	Halton Suicide Prevention Coalition is a network of over 80 representatives from over 25 agencies and groups committed to collective action to address the prevention of suicide. The coalition Steering Committee is supported financially by public health and includes representatives of the Health Department, Canadian Mental Health Association, the Centre for Addictions and Mental Health, Schizophrenia Society of Ontario, Joseph Brant Memorial Hospital and volunteer survivors of suicide. The health department facilitated the establishment of the coalition through the organizing of two community consultations to locally address suicide as a major public health problem.	Lynn Gates: <i>Lynn.Gates@halton.ca</i>

#	Title	Public Health Unit	Description	Contact Information
119	GIS Mapping	City of Hamilton Health Unit	In collaboration with the surveillance unit, the Tobacco Control Program has completed a series of GIS maps for the purpose of locating tobacco product vendors. This exercise has demonstrated opportunities for enhanced enforcement practices. This is a unique initiative to Hamilton that has drawn interest from across the province and across the country.	Rob Hall: <i>Rob.Hall@hamilton.ca</i> or Kevin McDonald: <i>kevin.mcdonald@hamilton.ca</i>
120	The Van Needle Exchange Program	City of Hamilton Health Unit	The Van Needle Exchange program works with community partners, including the Hamilton AIDS network, to provide harm reduction services to the community via fixed needle exchange sites and a mobile vehicle in the evenings. The program's goal is to prevent blood borne infections such as HIV and hepatitis infections by helping clients avoid sharing needles and equipment. A mobile van delivers clean needles, free condoms and harm reduction supplies such as alcohol swabs, sterile water, ascorbic acid and filters to persons who use injection drugs. Van staff offer confidential support, education and referrals to clients for services such as addiction treatment, detoxification programs, health care and shelter.	Linda Blake Evans: <i>Linda.Blake-Evans@hamilton.ca</i>
121	Safe and Sober Community Alliance	Kingston, Frontenac and Lennox and Addington Health Unit	KFL&A Public Health leads the Greater Kingston Area Safe and Sober Community Alliance which has representation from law enforcement, education, health and not-for-profit sectors. For the past decade, the partners have sought to prevent and reduce alcohol and drug-related injury and disease by raising awareness, supporting enforcement and bringing about community change through advocacy. Strategies have included media campaigns, seminars with parents and teens, community events, alcohol policy review and development, and enforcement measures such as the Enhanced R.I.D.E. Program.	Kimberley Shaw: <i>kshaw@kflapublichealth.ca</i>

#	Title	Public Health Unit	Description	Contact Information
122	Partnerships with police	Kingston, Frontenac and Lennox and Addington Health Unit	KFL&A Public Health and local police deliver school injury prevention programs together. Drive for Life is an impaired driving prevention program for grade 11 students which features four interactive stations addressing the consequences of alcohol use, strategies to avoid drinking and driving, and strategies to manage situations where alcohol is involved. Steer Clear of Drugs is a program for grade 4 and 5 students in which students visit interactive pit stops related to healthy lifestyles, drug-free living, tobacco-free living, and injury prevention. Both programs are delivered to thousands of students each year.	Janine Monahan: <i>jmonahan@kflapublichealth.ca</i>
123	FOCUS Community Coalition	Leeds, Grenville and Lanark District Health Unit	The goal of the Smiths Falls FOCUS Community Coalition is to prevent injuries and chronic diseases associated with alcohol and drug use. The Coalition began in 1998 in response to a needs assessment of the community, and its activities are consistent with the requirements outlined in the Ontario Public Health Standards (2008). The Smiths Falls FOCUS Community Coalition is comprised of several active community partners (approx. 42) engaged in a variety of initiatives including Racing Against Drugs, Drug Awareness Week, workplace substance abuse policy development, and youth programming. The Leeds, Grenville and Lanark District Health Unit has been a key partner with Smiths Falls FOCUS since its inception, and has served as the lead agency since 2005. The FOCUS project allows for grassroots solutions to community challenges regarding alcohol and other drugs.	Lucia Taggart: <i>lucia.taggart@healthunit.org</i>
124 and 66	Don't Wake Up With More Than A Hangover	Niagara Regional Area Health Unit	This cross-divisional campaign involving both the Sexual Health and Substance Misuse Prevention programs targets post-secondary students, and provides education on risks associated with binge drinking and risky sexual behaviours.	Marilyn St. John: <i>marilyn.stjohn@niagararegion.ca</i>

#	Title	Public Health Unit	Description	Contact Information
125	Integrated Pest Management	Northwestern Health Unit	The Kenora Integrated Pest Management Committee (KIPMC) is composed of community service providers, city representatives including council members, and professional pesticide applicators. KIPMC was initiated by the Northwestern Health Unit in response to local citizens wanting to impose a ban on pesticides. Our approach to survey design, educational curriculum for schools, community partnerships and health promotion of environmental health was rated excellent by the national Communities in Bloom program.	Mark Perrault: <i>mperrault@nwhu.on.ca</i>
126	Routine Universal Comprehensive Screening for Abuse	Northwestern Health Unit	Using the RNAO best practices guideline, Clinical Services staff and HBHC staff have received training and are implementing the Routine Universal Comprehensive Screening for Abuse (RUCS) tool. This screening tool has been developed to incorporate screening for tobacco, alcohol and abuse and is used with clients across these programs. Policies and procedures have been developed as well as a Directory of Community Services in which clients can be referred to throughout our region.	Mark Perrault: <i>mperrault@nwhu.on.ca</i>
127	Addressing Family Violence	Porcupine Health Unit	An interdisciplinary and interagency committee was established with leadership from the health unit and has been successful in being recognized as a domestic violence coordinating committee. This committee has secured funding for 2 annual regional conferences in English and French and annualized funding to support a part-time bilingual coordinator. The strategic plan for this committee includes the development of a consistent interdisciplinary strategy for the delivery of services to women and children experiencing violence, support to service providers to increase their knowledge and skills to ensure effective service delivery and the development and implementation of a public relations plan to position the committee as a key player in the coordination of services for women and children experiencing violence in the region of Timmins.	Susan Yuskow: <i>Sue.Yuskow@porcupinehu.on.ca</i>

#	Title	Public Health Unit	Description	Contact Information
128	Safe and Sober Community Alliance	Simcoe Muskoka District Health Unit	The Safe and Sober Awareness Committee received a grant from Health Canada's Drug Strategy Community Initiatives Fund to conduct a research project entitled "Trouble in Paradise: Preventing alcohol related injuries and death among recreational transportation users." The target group was recreational transportation users such as boaters, snowmobilers and ATV users, and assessed their attitudes, beliefs and behaviours about alcohol and their use of recreational transportation. An innovative media campaign that focused on the costs (financial and otherwise) associated with drinking and driving of any kind was created, based on the research findings.	Janice Greco: <i>janice.greco@smdhu.org</i>
129	Needle Exchange	Simcoe Muskoka District Health Unit	Exchange Works is the needle exchange program of the Simcoe Muskoka District Health Unit. This program is a harm reduction program aimed at reducing the risks of injection drug use to both those who choose to use as well as their families, partners and communities. These programs reduce the risk of transmission of blood borne infections such as HIV, hepatitis B and C. The program provides opportunity for users to connect with other services including health care and addiction counselling. Exchange Works currently distributes supplies from seven Health Unit locations and through sites operated by 3 community partners (in Barrie, Midland and Huntsville). In 2007, there were 740 contacts at these 10 sites, involving recovery of 52,900 needles. We are piloting the distribution of safer inhalation kits at our largest exchange site in 2009. We are also negotiating with municipalities and other potential partners to provide used needle disposal units to encourage returns by offering 24/7, discreet disposal.	Ellen Hartwick: <i>ellen.hartwick@smdhu.org</i>
130 and 68	Sexual Health/Harm Reduction	Sudbury and District Health Unit	Through partnerships with community agencies, the Sudbury & District Health Unit has shifted delivery of sexual health and harm reduction services from a centralized site to both high schools and the downtown core. Preliminary evaluation data indicate that more members of the priority populations of youth and people who are homeless or street-involved are accessing public health services.	Stephanie Vendetti: <i>vendettis@sdhu.com</i>

#	Title	Public Health Unit	Description	Contact Information
131	Harm Reduction Methadone Program	City of Toronto Health Unit	Toronto Public Health offers a harm reduction methadone program providing service to 70 high risk and high needs patients. Our clinic operates two days a week and has counselling and support, in addition to methadone provision. This is a self directed, client-centred program with no requirement for abstinence.	Rita Shahin: <i>rshahin@toronto.ca</i>
Theme: Road Safety				
132 and 44	Car Seat Clinics	City of Hamilton Health Unit	Public Car Seat Inspection Clinics are held monthly at various community locations throughout the City of Hamilton from April to November. Community partners include volunteers from child welfare agencies, the community policing center, trauma prevention and community services. Hamilton Public Health Services provides certification training and re-certification as well as annual updates to all certified car seat technicians to ensure established standards are achieved.	Debbie Sheehan: <i>Debbie.Sheehan@hamilton.ca</i>
133 and 45	Car Seat Donor Clinic	City of Hamilton Health Unit	Hamilton Public Health Services, in collaboration with Ontario Works, offers monthly Car Seat Donor Clinics to OW clients who are unable to afford a car seat by any other means. One hour information sessions are provided to all recipients of car seats and clients are encouraged to attend a Car Seat Clinic to ensure the restraint system is installed and used correctly.	Debbie Sheehan: <i>Debbie.Sheehan@hamilton.ca</i>
134	ATV Awareness Campaign	Kingston, Frontenac and Lennox and Addington Health Unit	KFL&A Public Health has been one of six Southeastern Ontario public health agencies partnering in the development and delivery of the "I Didn't Know" ATV campaign to raise awareness about the frequency and severity of injuries to children resulting from riding ATVs. The "I Didn't Know" campaign was launched regionally in June and July 2008 through various channels such as workplaces, ATV retail outlets, schools, and web sites to capitalize on the summer ATV season and to maximize local media uptake. Resources created included promotional materials, a media release, and news articles.	Kimberley Shaw: <i>kshaw@kflapublichealth.ca</i>
135	Think and Drive	Niagara Regional Area Health Unit	Think and Drive is a joint effort with community partners to implement a strategic plan to reduce fatal and serious injury motor vehicle collisions. Includes education, enforcement, engineering, and advocacy.	Ellen Wodchis: <i>ellen.wodchis@niagara.region.ca</i>

#	Title	Public Health Unit	Description	Contact Information
136	Integrated Road Safety Program	City of Ottawa Health Unit	Established in 2003, this program is a partnership between the Ottawa Public Health, Ottawa Police Service, Public Works and Services and community partners. Integrating the different disciplines, the program applies a “3 E” comprehensive approach in promoting road safety initiatives (engineering, enforcement and education). Through public awareness campaigns, including on street initiatives, the Program makes the best use of available resources to reduce traffic collisions, injuries and deaths on Ottawa roads.	Nancy Langdon: <i>Nancy.Langdon@ottawa.ca</i>
Theme: Infection Control				
137	Case Management Training Module	Grey Bruce Health Unit	The Case Management Training Module was initiated and developed by the Pandemic Surveillance Committee which is a subgroup of the Pandemic Implementation Committee. The goal of this training module is to build surge capacity for infectious disease case management investigations for the purpose of outbreak management. This goal would be accomplished by ensuring a pool of professional staff within the organization are available to be called upon to assist with case investigations when required.	Susan Shular: <i>sshular@publichealthgreybruce.on.ca</i>
138 and 6	Hospital Liaison Project	City of Hamilton Health Unit	Hamilton Public Health Services staff work with hospital ICP's to gather reportable disease information and conduct reportable disease case investigations on site for those in patients with reportable diseases.	Michelle Baird: <i>Michelle.Baird@hamilton.ca</i>
139	Infection Control Partnership	Middlesex-London Health Unit	A public health inspector is currently supporting staff of the Middlesex Health Alliance (an alliance of two rural hospitals) to improve infection control practices on the patient units. Steps taken so far have included meetings with the housekeeping supervisor and the beginnings of an environmental assessment. A process for performing inspections will also be developed.	Cathie Walker: <i>Cathie.Walker@mlhu.on.ca</i>
140	Invasive Group A Streptococcal Response Community Response	Middlesex-London Health Unit	In response to an increase in invasive Group A Streptococcus among individuals who use injection drugs, a community partnership was developed. The partnership includes the AIDS Committee of London, Intercommunity Health Centre, and London Housing. Educational materials on wound care, skin abscesses and Group A Streptococcus have been developed.	Cathie Walker: <i>Cathie.Walker@mlhu.on.ca</i>

#	Title	Public Health Unit	Description	Contact Information
141 and 107	Pneumococcal Vaccine Blitz in Homeless Population	Niagara Regional Area Health Unit	In collaboration with various stakeholders, the VPD program held clinics in various hostels, shelters, and out of the cold sites to provide immunizations against pneumococcal disease to this priority population.	Marilyn St. John: <i>marilyn.stjohn@niagararegion.ca</i>
142	Be a Germ Stopper International Leadership	City of Ottawa Health Unit	Ottawa Public Health, the Canadian partner with KEEA (Komenda, Edina, Eguafu, Abrem) Ghana, Africa is implementing an adaptation of the Be A Germ Stopper hand hygiene program as a pilot project in 4 elementary schools in KEEA. On 2 missions to Ghana, in collaboration with our partners, OPH determined the need and appropriateness of this project in preventing diarrheal disease and upper respiratory infection and delivering a 'train the trainer' education session. Contact continued as the project was implemented and evaluated in the 2008-2009 school year, and will be continued into the 2009-2010 school year. The project is part of the partnership program of the Federation of Canadian Municipalities, and is funded by CIDA.	Marie Claude Lang: <i>Marie-Claude.Lang@ottawa.ca</i>
143	GI Tracking	Wellington-Dufferin-Guelph Health Unit	We receive information from one local hospital on numbers of patients presenting to the ER with acute gastrointestinal symptoms, and we use these data to detect increases in numbers (clusters) of people with GI symptoms. We do this using EARS, a SAS program developed by the CDC. We're working on developing a system for electronic (real-time) transfer of data from the hospitals to WDGPH to allow us to expand and improve our ER surveillance. We also receive information on the number of children absent from five schools and four day care centres on a daily basis. Numbers are broken down by whether absence was due to illness or not, and by syndrome (respiratory, GI or 'other'). We use these numbers to determine percentage of children absent from each school or daycare due to illness, and to detect any increase beyond a set threshold.	Dr. Patrick Seliske: <i>patrick.seliske@wdghu.org</i>

#	Title	Public Health Unit	Description	Contact Information
Theme: Lead Testing				
144	Blood Lead Prevalence Study	City of Hamilton Health Unit	Hamilton Public Health Services is leading a prevalence study to determine the levels of blood lead among children under 6 years of age in high risk areas of the city. This study includes environmental sampling of soil, house dust and tap water to help determine exposure levels to lead in the environment.	Mat Lawson: <i>Mat.Lawson@hamilton.ca</i>
145	Protocol Development for Lead Testing	Middlesex-London Health Unit	The health unit has facilitated the development of a local implementation protocol for the new lead testing regulation that the Ministry of Environment issued in June 2007. (O. Reg. 243/07). This has enabled the two local school boards, three local public health units and various local municipalities to develop and agree on details for testing for lead in school drinking water systems and on how to meet the requirements for daily flushing of water lines.	Jim Reffle: <i>Jim.Reffle@mlhu.on.ca</i>
Theme: Pandemic Planning				
146	Collaboration to Improve Pandemic Preparedness	Peterborough County-City Health Unit	To improve pandemic preparedness, the health unit used funding for an interprofessional collaborative project with our local Family Health Teams to enhance infection control practices aimed at preventing the transmission of respiratory infections.	Edwina Dusome: <i>edusome@pcchu.ca</i>
147	Pandemic Planning	Waterloo Health Unit	In June 2005, Region of Waterloo Public Health initiated community pandemic planning using a community engagement model. In early 2009, the third phase of the plan was completed with the signed acknowledgement and approval of over 125 stakeholders representing 50 organizations in the Region of Waterloo.	Chris Harold: <i>hachris@region.waterloo.on.ca</i>

#	Title	Public Health Unit	Description	Contact Information
148	Community Pandemic Plan	Wellington-Dufferin-Guelph Health Unit	Staff and management are working with other partners from health care, municipal and other sectors to develop a Wellington-Dufferin-Guelph Community Pandemic Plan. Currently there are four working groups: assessment/treatment; human resources; communications; and supplies. Each group has members from across different sectors in the community. Additionally, the Public Health Emergency Planner is assisting health care and other sectors to develop community linkages in their internal plans. Additionally, internal incident response is being measured and analyzed through a comprehensive debriefing process that uses Quality Improvement approach (RAND's QI for Public Health Emergency Preparedness) to improve the agency's response.	Tracy Croff: <i>tracey.croft@wdghu.org</i>
Theme: Strategic Planning				
149	Accreditation Canada Pilot	The Eastern Ontario Health Unit	We piloted Accreditation Canada's public health standards in 2007 and are on our way to become the first ever Public Health Unit to become accredited by this organization.	Sandra Labelle: <i>slabelle@eohu.ca</i>
150	Strategic Plan and Monitoring	City of Hamilton Health Unit	Hamilton Public Health Services undertook an inclusive and innovative process in 2006, in developing a four-year strategic plan. The process involved consultation with staff throughout the organization, and key external partner agencies to understand their perceptions on internal strengths, areas for improvement, and what challenges and opportunities for improvement would likely be faced over the next four years. The PHS Strategic Plan was approved by the Board of Health in June 2007. Ongoing monitoring and reporting utilizes a "dashboard" approach to visually represent staff progress under each goal.	Teresa Bendo: <i>Teresa.Bendo@hamilton.ca</i>

#	Title	Public Health Unit	Description	Contact Information
151	Identification of Key Vulnerable Populations in the Community	Waterloo Health Unit	In 2002, Region of Waterloo Public Health identified a list of key vulnerable populations in the community whose needs, priorities and cultures need to be considered in our programs and services. Following the review of our programs and services, we engaged in numerous activities to advance programming and policy decisions. Actions related to addressing new immigrant and refugee populations and rural residents included: extensive population health assessment, research and needs assessments, evaluative activities and consultative community processes. These activities led to both Public Health programming changes and changes within the community.	Daniela Seskar-Hencic: <i>sdaniela@region.waterloo.on.ca</i>
Theme: Knowledge Exchange				
152	Journal Club	Chatham-Kent Health Unit	Public health nurses meet once a month on their own time to discuss recent research important to their area of practice. The group was initiated by management approximately five years ago and has now moved to be totally front-line staff led. Each month a journal article is selected in advance and distributed to participants. The group then reviews the article, discusses practice issues and then presents recommendations to either management or the Nursing Professional Practice Council.	Shelley Charbonneau: <i>shelleyc@chatham-kent.ca</i>
153	Nursing Professional Practice Council	Chatham-Kent Health Unit	Now in its fourth year, the Chatham-Kent Nursing Professional Practice Council meets 4-6 times a year to review and discuss specific practice issues. Their purpose is to create a nursing environment where nurses are valued, supported, and empowered in the quest for nursing excellence.	Brenda Lankhof: <i>brendal@chatham-kent.ca</i>
154	In House Communications/ Broadcast Capacity	The Eastern Ontario Health Unit	We have our own, in-house, communications team capable of creating and producing health information programs in all media formats including DVD, TV, radio, web, and print in both languages. We are now setting up academic alliances to be able to evaluate and compare outcomes for each of the various media formats.	Karine Hebert: <i>khebert@eohu.ca</i>

#	Title	Public Health Unit	Description	Contact Information
155	Public Health Research and Program Evaluation Collaboration	Sudbury and District Health Unit	The Louise Picard Public Health Research Grant is jointly supported by the Sudbury & District Health Unit and Laurentian University. It is an innovative method designed to stimulate public health research and program evaluation collaborations. A yearly call for proposals invites Laurentian faculty and SDHU staff to jointly submit seed grant proposals according to two criteria: 1) that the topic is relevant to public health and 2) that the research team is comprised of at least one Laurentian faculty and one health unit staff. Since its inception in 2003, a variety of grants with topics ranging from health promotion and protection and disease prevention have been successfully supported.	Isabelle Michel: <i>micheli@sdhu.com</i>
Theme: E-Health/Technology				
156	Using E-Health to Integrate Health Care	The District of Algoma Health Unit	Algoma Public Health and the Group Health Centre (a health service organization) have leveraged existing investment in electronic health records and jointly developed a longitudinal community chart ready for implementation. The chart will allow multiple providers to access client information, given the appropriate rights. We have expanded the project to the Garden River First Nation Band as well.	Jeff Holmes: <i>jholmes@ algomapublichealth.com</i>
157	Community Immunization/ E-Health Partnership	The District of Algoma Health Unit	Staff of Algoma Public Health (APH) and staff and physicians of Group Health Centre (GHC), a health service organization with more than 60,000 rostered patients, provide immunization services to clients/patients at the Health Promotion Centre and at locations housed in the facilities of Group Health and Algoma Public Health. Electronic records of immunization services provided by the staff/physicians of GHC and APH are maintained in either the records of Group Health or the records of APH. The electronic immunization records are shared between the organizations for patients receiving immunization services.	Jeff Holmes: <i>jholmes@ algomapublichealth.com</i>

#	Title	Public Health Unit	Description	Contact Information
158	Public Health Activity Computerized Tracking System	York Regional Health Unit	The Public Health Activity Computerized Tracking System (PHACTS) is a computerized tracking system that is used by public health inspectors to enable the use of hand held computer tablets and portable printers at inspection sites. The goals are to improve reporting capabilities and efficiency as well as reduce the need for additional office space. The technology was first implemented with the food safety program and will be expanded to all health protection program areas by the end of 2009, with an additional module that manages requests and complaints.	Judy Hope: <i>judy.hope@york.ca</i>
Theme: Reports				
159	Report on Rural Health	Haldimand-Norfolk Health Unit	As part of Haldimand and Norfolk Health Unit's strategic plan's goal to become leaders in rural health, a report titled "Rural Health: A Qualitative Research Approach to Understanding Best Practices for Rural Health Service Delivery in a Public Health Setting" was developed. The report identified literature related to rural health and health-care service providers, challenges and benefits of working in a rural community, rural health theoretical models and frameworks, and key programs that exemplified rural health best practice. This report provided baseline information that could be used for program planning. As a result of this report, the health unit was invited by the Public Health Agency of Canada to partner on writing a subsequent report titled "An Environmental Scan of Effective and Promising Innovative Chronic Disease Prevention Practices in a Rural Setting". The findings will be used to plan a Rural Health Symposium and influence program planning within the health unit.	Deanna Morris: <i>deanna.morris@hnhu.org</i>

#	Title	Public Health Unit	Description	Contact Information
160	Assessing & Monitoring Health Inequalities	City of Toronto Health Unit	In October 2008, Toronto Public Health released “The Unequal City: Income and Health Inequalities in Toronto, 2008”. This report provides an overview of health inequality in Toronto and presents the link between health and income using fifteen key indicators drawn from reproductive health, reportable diseases, cancer incidence, survey and mortality data. The report demonstrates that within Canada’s largest city there are significant health inequalities and that for most of the indicators, the data show that when low income is reduced, health improves.	Paul Fleiszer: <i>pfleisze@toronto.ca</i>
161	Issue & Population-based Health Status and Health Impact Reports	Waterloo Health Unit	Health status reporting and research products have been developed to support planning and address questions such as ‘how social and environmental determinants of health can be addressed through research and health assessment activities’, ‘how public health programs and the community at large benefit from health status reporting’, and ‘what are the processes for engaging community in gathering and sharing health assessment information’.	Daniela Seskar-Hencic: <i>sdaniela@region.waterloo.on.ca</i>
162	Report Card of Children in the Region	Wellington-Dufferin-Guelph Health Unit	A Report Card is being developed to examine and report on the state of the well-being of children in Wellington County, Dufferin County and the City of Guelph. The Report Card will examine and measure well-being in a determinants of health framework. This will build capacity among children’s service providers and planning groups so that they are able to develop policy, plan programs, and allocate resources based on solid evidence related to children’s overall health outcomes. The Report Card will raise the profile of children in our communities, identify areas of strength and vulnerability, identify priorities that reflect local needs and outcomes, act as a planning tool for service providers, aid in the development of local priorities and the development of a local plan of action, and track improvements over time.	Jennifer Macleod: <i>jennifer.macleod@wdghu.org</i>

#	Title	Public Health Unit	Description	Contact Information
163	Public Health Balanced Scorecard	York Regional Health Unit	York Region Public Health Branch published its first balanced scorecard in 2007. This report provided a snapshot of key activities of public health in the Region and some baseline indicators of performance measurement. The report was produced by applying a framework developed by the Institute for Clinical Evaluation Sciences and engaging internal and external stakeholders extensively in the development of key performance indicators.	Nadine d'Entremont: <i>nadine.dentremont@york.ca</i>