

---

# WOMEN : Ontario Women's Health Centres and Programs

---

This fact sheet provides basic information only. It must not take the place of medical advice, diagnosis or treatment. Always talk to a healthcare professional about any health concerns you have, and before you make any changes to your diet, lifestyle or treatment.

The Ministry of Health and Long-Term Care funds four women's health centres to provide women-specific health services. These are :

***Peterborough Civic Hospital***

*Peterborough, Ontario*

*Tel : 705-743-4132 or 1-800-419-3111 (from 705 and 905 area codes)*

***Regional Women's Health Centre***

*Toronto, Ontario*

*Tel : 416-586-0211*

***Women's Health Centre, St. Joseph's Health Centre***

*Toronto, Ontario*

*Tel : 416-530-6850*

***Women's Health in Women's Hands***

*Toronto, Ontario*

*Tel : 416-593-7655*

**Programs Addressing Violence Against Women**

The ministry funds 37 counselling programs for adult women who are survivors of sexual assault or childhood sexual abuse.

In addition, there are 31 hospital-based sexual assault care/treatment centres (SATCs) that provide 24-hour emergency medical care, forensic documentation, crisis management, emotional support and referrals to community agencies for longer-term support for victims of sexual assault. In 2001,

27 centres were providing or implementing services for victims of domestic violence.

**Eating Disorders Programs**

The rate of eating disorders is increasing in teenage women. Up to five per cent of adolescent females suffer from bulimia, while one per cent of young women suffer from anorexia nervosa. Some 27 per cent of Ontario girls, aged 12-18 have "disordered eating behaviour".

In June 2000, the government committed \$7 million to develop or expand eating disorder treatment services in all regions of the province. This reinvestment tripled the funding previously available. More communities now are better able to offer earlier, age-appropriate treatment closer to home. The government also continues to fund a grant program to train more health care professionals in eating disorder treatment - across the spectrum of the illness.

Through a combination of inpatient, day hospital and outpatient services, these specialized programs provide service to thousands of young women in Ontario.

---

# WOMEN : Ontario Women's Health Centres and Programs

---

This fact sheet provides basic information only. It must not take the place of medical advice, diagnosis or treatment. Always talk to a healthcare professional about any health concerns you have, and before you make any changes to your diet, lifestyle or treatment.

## Government of Ontario

For information about health services and resources :

[www.health.gov.on.ca](http://www.health.gov.on.ca)

For consumer-friendly health tips and information :

[www.HealthyOntario.com](http://www.HealthyOntario.com)

INFOline: 1-877-234-4343;

TTY: 1-800-387-5559

Telehealth Ontario:

1-866-797-0000; TTY 1-866-797-0007

INFOline is open during business hours and can provide general information on healthcare.

Telehealth Ontario is a 24/7 service which uses nurse practitioners to answer your immediate health concerns.